UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Psychoanalyticpsychology - 2

2021-2-E2401P138-T2

Learning area

KNOWLEDGE AND SKILLS USEFUL TO UNDERSTAND, PROMOTE AND CHANGE INDIVIDUAL PSYCHOLOGICAL FUNCTIONING

Learning objectives

Knowledge and understanding

- History of psychoanalysis
- Psychodynamic models of the mind and of its development in relation to significant others;
- Psychoanalytic models of pathological functioning
- Introduction to the history of psychotherapy

Applying knowledge and understanding

- Ability to critically evaluate psychodynamic theories of emotional and cognitive functioning, both rational and irrational
- Develop an understanding of the principles of unconscious functioning
- Reflect upon the links between theories of normal and pathological functioning and clinical work from an historical point of view

Contents

The course aims to develop knowledge relative to psychodynamic theoretical models from their origin to their current developments. The first part of the course will concentrate on Freudian theory as well as the models proposed by the founders of the main post-Freudian schools of thought. The second part of the course will underline the more recent developments.

Detailed program

- The origin of psychodynamic theories
- Freudian thought
- Melanie Klein and her followers
- Ego Psychology in the UK and USA
- The ‘Independent" School
- John Bowlby and the origin of attachment theory
- Self-Psychology
- Relational and intersubjective psychoanalysis.

Prerequisites

Knowledge of the history of Psychology is useful but not obligatory.

Teaching methods

During the Covid-19 emergency period, the lessons will take place remotely, both in asynchronous and syncronous mode.

The material (slides and, when possible, scientific articles) is made available on the e-learning site of the course.

Assessment methods

In itinere examinations will take place, reserved for turn 2 students (based on the identification number), along with a oral examination. This will not apply to off-course students.

The in itinere examination will be scheduled during the early lessons.

Students who do not participate in the written examinations will have an oral examination based on the indicated texts.

During the Covid-19 emergency, exams will be conducted according to the University’s regulations regarding the

COVID-19 emergency situation.

Textbooks and Reading Materials

The exam will focus on slides and material presented in class and uploaded to the E-learning site.

In addition, as a support and complement to the slides, the following text should be consulted:

- DE CORO, A. & ORTU, F. (2010). Psicologia dinamica. I modelli teorici a confronto. Roma-Bari: Laterza. Di cui: Tutti i capitoli con l'eccezione del capitolo 3 (Carl Gustav Jung).

- FREUD, S. (1916). Introduzione alla psicoanalisi. Torini: Bollati Boringhieri

- The following chapters written by the main authors, and which can be found at the library:

Klein, M. (1946). **Capitolo 19** "Note su alcuni meccanismi schizoidi". In: Scritti (1978), 1921-195, **p.409.** Torino: Boringhieri.

Bion, W.R. (1967) **Capitolo 3 (p.27), cap.4(p.31), cap.12 (p.65)** In: Apprendere dall'esperienza. Roma: Armando Editore.

Hartman, H., Kris, E. & Loewenstein, R. (1949). **cap. 2,** „Considerazioni sulla formazione della struttura psichica". In: Scritti di psicologia psicoanalitica, **p.33.** Torino: Boringhieri.

Mahler, M.S. (1968). **cap. 1** " I concetti di simbiosi e di separazione-individuazione". In: Le Psicosi infantili , **p.21,** Torino: Boringhieri.

Winnicott, D.W. (1952). **Cap. XVII** "La psicosi e l'assistenza al bambino". In: Dalla pediatria alla psicoanalisi., **p.264.** Roma: Armando.

Fairbairn, W.R.D.(1952). **cap. 7 p.196 "**Visione generale dell'evoluzione delle concezioni dell'autore sulla struttura della personalità" In: Studi psicoanalitici sulla personalità (1951);

Kohut, H. (1977). **cap. 4, "**Il sé bipolare. In: La guarigione del sé (1976), **p.157**. Torino: Boringhieri.

Laing, R.D. (1959). **Cap.3 "**L'insicurezza ontologica" in L'io Diviso (1969) **p.47.** Torino: Einaudi.

Sullivan, H.S. (1940), **Cap. 1 "**Concetti fondamentali" in La moderna concezione della psichiatria, **p.11.** Milano: Feltrinelli;