



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Laboratorio 7 - Anziani tra invecchiamento attivo e disabilità

2021-3-E3901N063

Learning objectives

Knowledge and understanding

Knowledge of different areas and contexts in the elderly area.

Understanding of the peculiarities in the social worker role with elders.

Applying knowledge and understanding

Developing competences in the analysis of circumstances that require social intervention in the elders area.

Identify and plan possible intervention paths to support fragility and promote individual, group and community resources; consistent with demographic changes and social policies.

Contents

During class students will be accompanied in the knowledge of different areas and intervention projects in the elders area.

The path, made of meetings with experts and educational workshops, is an opportunity for reflection and comparison of the role that the social worker can have in helping relationships between elderly people and their families, but also to promote individual group and community resources.

Detailed program

The course will deal with the following topics, modulating them on the base of the students' knowledge and interests:

- The needs of the elders and their caregivers
- Support for domiciliation
- New ways of living
- The role of the community
- Residential services
- The role of the social worker as promoter of innovative projects and interventions for the development of social cohesion and for the construction of formal and informal networks.

Prerequisites

No special qualifications are required.

Teaching methods

The workshop will develop through moments of lecture, that will stimulate the reflection and comparison within the students. Individual and group exercises will be proposed.

There will be also guided visits to services and institutions in Milan and neighboring areas, involving experts; analysis and reworking of different materials proposed by the teacher or collected by the participants (such as videos, articles, images, texts ...);

Assessment methods

The evaluation of the workshop (*approved* or *not approved*) will be based on the active participation of each student in all the activities proposed.

Textbooks and Reading Materials

Pavesi N. (a cura di), "Il lavoro sociale con gli anziani", Erickson, 2013

Taccani P., "*Lavoro di cura e automutuo aiuto. Gruppi per caregiver di anziani non autosufficienti*", Franco Angeli, 2010

Treu T., "*L'importanza di essere vecchi. Politiche attive per la terza età*", Il Mulino, 2013

AA. VV "*Il sostegno ai caregiver familiari di anziani a Torino. Un sistema articolato di percorsi di supporto*" in Prospettive sanitarie e sociali, n° 4-2015

Sapio A. (a cura di) *“Famiglie, reti familiari e cohousing”*, Franco Angeli 2010

Noli Marco, *“PI e PAI espressione della visione della persona anziana”* in I Luoghi della Cura n° 5-2019

WWW.BADANTEINFAMIGLIA.IT

WWW.LOMBARDIASOCIALE.IT

WWW.LUOGHIDICURA.IT

WWW.WELFORUM.IT
