UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Mental Distress

2021-3-E3901N031

Learning objectives

The course proposes to know and understand the complexity of mental discomfort, from normality to pathology, from subjectivity to the socio-cultural context in which it is inscribed.

Contents

- Mental health and illness
- Mental disorders (outline of diagnostic codes)
- Organization of Psychiatric italian Services
- Interdisciplinary aspects inside Psychiatric italian Services
- Network between Services
- Treatment plans
- Rehabilitation, recovery, empowerment, advocacy and psycoeducation in Psychiatry
- History and transformation from mental hospital institution to the REMS
- Ethnopsychiatry
- Psychogeriatrics

Detailed program

Mental discomfort will be exhausted in its clinical and social aspects, stressing treatment

plans and role of the different subjects involved.

Prerequisites

None specific prerequisite is required.

Teaching methods

Frontal lessons/on-line lessons; possible group works; meetings with Psychiatric Service operators (if possible the frontal lessons).

Assessment methods

Written examination with 3 open-ended questions (duration: 1 hour) and optional oral integration.

During Covid-19 emergency the examination will be only an oral exam.

Textbooks and Reading Materials

“Compendio di psichiatria per le professioni socio-sanitarie” a cura di Cornaggia, Clerici.
Franco Angeli edizioni, 2015e