



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia Clinica

2021-3-E3901N033

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#### Learning area

Models of psychopathology

#### Learning objectives

*Knowledge and understanding*

- Knowledge of the main models of psychological functioning
- Acquisition of the principles related to the clinical classification of the patient
- Understanding of the terminology related to the different models and the different clinical diagnoses

*Ability to apply knowledge and understanding*

- Develop the basic skills to approach the patient with a mental disorder
- Be able to understand and communicate with other mental health professionals

#### Contents

Theories in clinical psychology

Psychiatric diagnosis

Principles of treatment

## **Detailed program**

Introduction to clinical psychology

Personality

Construction of the self

The clinical interview

The mental state examination

Neurodevelopmental disorders

Depressive and bipolar disorders

Suicidal risk

Emergencies

Anxiety disorders

Obsessive-compulsive spectrum disorders

Psychotraumatology

Eating disorders

Personality disorders

Dementia

Somatic symptom and related disorders

Dissociative disorders

Sexual dysfunctions

Treatments

Psychotherapy

Clinical cases

## **Prerequisites**

Sufficient logic and cultural skills and reasonable learning, writing and oral communication skills.

## **Teaching methods**

During the Covid-19 emergency period, lessons will be held remotely with videoconferencing events in both synchronous mode (mainly) and asynchronous (when needed).

### **Assessment methods**

During the Covid-19 emergency period, oral exams will only be online. They will be carried out using the WebEx platform and on the e-learning page of the course there will be a public link.

Multiple choice test (30 questions) and 2 open ended questions. Optional oral examination if the written part is sufficient (18).

### **Textbooks and Reading Materials**

Supplementary materials (ppt files, articles). Ppt files are mandatory to pass the exam. They will be uploaded online at the end of each lesson.

Sanavio E., Cornoldi C., "Psicologia Clinica", Il Mulino, 2017 (terza edizione). Optional.

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