

## UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

#### **SYLLABUS DEL CORSO**

### **Psicologia Clinica**

2021-3-E3901N033

#### Learning area

Models of psychopathology

#### Learning objectives

Knowledge and understanding

- Knowledge of the main models of psychological functioning
- Understanding of the terminology related to the different models and the different clinical diagnoses

Ability to apply knowledge and understanding

- Develop the basic skills to approach the patient with a mental disorder
- Be able to understand and communicate with other mental health professionals

#### **Contents**

Theories in clinical psychology

Psychiatric diagnosis

Principles of treatment

# **Detailed program** Introduction to clinical psychology Personality The clinical interview The mental state examination Depressive and bipolar disorders Suicidal risk **Emergencies** Anxiety disorders Obsessive-compulsive spectrum disorders Psychotraumatology Eating disorders Personality disorders Dementia Somatic symptom and related disorders Dissociative disorders Sexual dysfunctions **Treatments** Psychotherapy Clinical cases **Prerequisites** Sufficient logic and cultural skills \_\_\_\_\_

#### **Teaching methods**

During the Covid-19 emergency period, lessons will be held remotely with videoconferencing events in both synchronous mode (mainly) and asynchronous (when needed).

#### **Assessment methods**

During the Covid-19 emergency period, oral exams will only be online. They will be carried out using the WebEx platform and on the e-learning page of the course there will be a public link.

Multiple choice test (30 questions) and 2 open ended questions. Optional oral examination if the written part is sufficient (18).

#### **Textbooks and Reading Materials**

Supplementary materials (ppt files, articles). Ppt files are mandatory to pass the exam. They will be uploaded online at the end of each lesson.

Sanavio E., Cornoldi C., "Psicologia Clinica", Il Mulino, 2017 (terza edizione). Optional.