



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia Sociale

2021-2-E3901N032

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#### Learning area

Social Psychology (6 CFU - E3901N032)

#### Learning objectives

##### *Knowledge and understanding*

The aim is to provide students with a basic knowledge about:

- a) group structures and dynamics;
- b) work-related stress in helping professions;
- c) aspects related to social interaction;
- d) human communication
- d) the psycho-social dynamics related to new migration contexts.

##### *Applying knowledge and understanding*

The awareness of some visible and latent, individual and collective mechanisms related both to helping relationships and to social work as worker, make possible a less anxious and more cooperative, empathetic and

effective presence.

## **Contents**

Group and inter-groups dynamics

Psycho-social aspects of interpersonal relationships

Stress, burnout and work engagement

Basic of intercultural psychology

## **Detailed program**

The main phenomena and dynamics that characterize the groups and task groups will be discussed. As an example, will be addressed: Kurt Lewin and group dynamics; the theory of social identity, the paradigm of minimal groups and the theory of self-categorization (Tajfel and Turner); theories linked to the formation of prejudice; creation of totalitarianisms; the main theories related to human communication; studies on burnout.

Furthermore, we will discuss the migration phenomenon and the intercultural dynamics of social services.

## **Prerequisites**

Sufficient logical skills, learning, writing and oral communication; foundations of social culture. Preferable knowledge of the basics of Cultural Anthropology. Propensity to group work.

## **Teaching methods**

Participated lessons (the students are the actors ", the teacher is the" director " ), classroom exercises, intervention of external professionals, "field"experiences outside the university.

## **SYNCHRONOUS REMOTE LESSONS AND LESSON RECORDINGS (FOR THOSE NOT ATTENDING LIVE LESSONS)**

## Assessment methods

Oral exam (course topics) and presentation of personal projects starting from the course topics previously agreed with the teacher.

Foreign students can take the exam in English.

## Textbooks and Reading Materials

- Zamperini, A. e I. Testoni (2002). *Psicologia Sociale*, Torino: Einaudi
- Mantovani, G. (a cura di) - (2008). *Intercultura e mediazione: teorie ed esperienze a confronto*, Roma: Carocci editore

### Recommended reading: Reich, W. (2009). **Mass psychology of fascism**

Supplementary notes will also be provided on e-learning platform, especially for topics related to the following topics: burnout, communication and intercultural relations.

The study program is the same regardless of the type of frequency. However, follow the lessons is strongly recommended, as different topics will be discussed in-depth.

Program

Book "*Psicologia Sociale*":

Cap. 2 - Atteggiamenti e comportamento.

Cap. 3 - Cognizione e rappresentazioni sociali.

Cap. 4 - Relazioni sociali e formazione del sé.

Cap. 5 - La comunicazione interpersonale (eccetto le pagine da 168 a 177).

Cap. 7 - L'influenza sociale.

Cap. 8 - I gruppi sociali.

Book "*Intercultura e mediazione*"

Cap. 1 - Intercultura: la differenza in casa

Cap. 2 - Religioni migranti

Cap. 7 - Interculturalismo

Cap. 8 - Applicazione dell'interculturalismo

