



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Social Psychology

2021-2-E3901N032

Learning area

Social Psychology (6 CFU - E3901N032)

Learning objectives

Knowledge and understanding

The aim is to provide students with a basic knowledge about:

- a) group structures and dynamics;
- b) work-related stress in helping professions;
- c) aspects related to social interaction;
- d) human communication
- d) the psycho-social dynamics related to new migration contexts.

Applying knowledge and understanding

The awareness of some visible and latent, individual and collective mechanisms related both to helping relationships and to social work as worker, make possible a less anxious and more cooperative, empathetic and

effective presence.

Contents

Group and inter-groups dynamics

Psycho-social aspects of interpersonal relationships

Stress, burnout and work engagement

Basic of intercultural psychology

Detailed program

The main phenomena and dynamics that characterize the groups and task groups will be discussed. As an example, will be addressed: Kurt Lewin and group dynamics; the theory of social identity, the paradigm of minimal groups and the theory of self-categorization (Tajfel and Turner); theories linked to the formation of prejudice; creation of totalitarianisms; the main theories related to human communication; studies on burnout.

Furthermore, we will discuss the migration phenomenon and the intercultural dynamics of social services.

Prerequisites

Sufficient logical skills, learning, writing and oral communication; foundations of social culture. Preferable knowledge of the basics of Cultural Anthropology. Propensity to group work.

Teaching methods

Participated lessons (the students are the actors ", the teacher is the" director "), classroom exercises, intervention of external professionals, "field" experiences outside the university.

SYNCHRONOUS REMOTE LESSONS AND LESSON RECORDINGS (FOR THOSE NOT ATTENDING LIVE LESSONS)

Assessment methods

Oral exam (course topics) and presentation of personal projects starting from the course topics previously agreed with the teacher.

Foreign students can take the exam in English.

Textbooks and Reading Materials

- Zamperini, A. e I. Testoni (2002). *Psicologia Sociale*, Torino: Einaudi
- Mantovani, G. (a cura di) - (2008). *Intercultura e mediazione: teorie ed esperienze a confronto*, Roma: Carocci editore

Recommended reading: Reich, W. (2009). Mass psychology of fascism

Supplementary notes will also be provided on e-learning platform, especially for topics related to the following topics: burnout, communication and intercultural relations.

The study program is the same regardless of the type of frequency. However, follow the lessons is strongly recommended, as different topics will be discussed in-depth.

Program

Book "*Psicologia Sociale*":

Cap. 2 - Atteggiamenti e comportamento.

Cap. 3 - Cognizione e rappresentazioni sociali.

Cap. 4 - Relazioni sociali e formazione del sé.

Cap. 5 - La comunicazione interpersonale (eccetto le pagine da 168 a 177).

Cap. 7 - L'influenza sociale.

Cap. 8 - I gruppi sociali.

Book "*Intercultura e mediazione*"

Cap. 1 - Intercultura: la differenza in casa

Cap. 2 - Religioni migranti

Cap. 7 - Interculturalismo

Cap. 8 - Applicazione dell'interculturalismo

