UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Tirocinio

2021-1-E3901N020

Learning objectives

- Promote the reflexive ability on oneself, on one's motivations, attitudes, relational skills.

- Gradually approach the role and work of the social worker (personal prefiguration, image in public opinion, reality known through readings, videos, meetings and interviews).

- Develop the skills of observation, exploration and understanding of the territory / community to which they belong (socio-demographic, institutional, personal services dimensions).

- Acquire a method of analyzing the context and situations, processing the experience, oral and written communication.

- Experimenting gradually with teamwork and professional writing.

Contents

The course will substantially address three macro thematic areas:

- the "self";

- the professional figure of the social worker;

- the territory / community to which it belongs.

To understand how these three macro areas are combined in the work of the social worker, specific insights will be proposed in relation to two areas of need, one common to the whole group of students (elderly area) and the other

differentiated within the group of students (e.g. minor and family area, disability area, mental health area, addiction area).

Detailed program

THE TERRITORY / COMMUNITY OF BELONGING:

- The contextual characteristics significant from the point of view of the work of the social worker.

- Significant information and data on the population, also in comparison with larger territorial aggregations (e.g. area of ??the Zone Plan).

- The panorama of the actors (public and private) who contribute to the realization of the system of services / interventions / resources on the territory of the Municipality, the area, the ASST and the ATS.

- The role of local administrators.

SOCIAL WORKER FIGURE:

- The figure and work of the social worker (who he is, where he works, with whom he works, what he does): from the initial prefiguration to reality.

- The relationship of the social worker with people who need help.

- The relationship with other internal and external professionals to the service of belonging of the social worker.

- The work of the social worker in relation to the resources of the territory.

THE "SELF":

- Your motivations, at the beginning and at the end of the course.

- The analysis of one's strengths and weaknesses, with identification of the areas on which one thinks of having to invest in the following years.

- Your fears / concerns and expectations / hopes, especially at the end of the course.

- Your own characteristics that are believed to make you more or less inclined to work with certain age groups or situations (e.g. minors, the elderly, immigrants, the disabled).

Prerequisites

- Adequate level of knowledge and understanding of the Italian language.

- Fair oral and written expression skills.

- Willingness to get involved and work on yourself.

- Adequate propensity to research and recognize one's motivations for the profession.

Teaching methods

In alternation between individual, group and plenary works, exercises, reflections and discussions, simulations, expert testimonies, viewing of audiovisuals, readings and written productions will be proposed. In relation to the educational objectives and the thematic macro area addressed, the proposed works will be requested by a form / track prepared by the teacher or elaborated together with the students during the lessons.

With reference to the territory / community to which they belong, each student will activate a research and exploration path aimed at approaching needs and problems, services and resources, formal and informal networks; this research will include two interviews with social workers (from different services).

The class group can represent, for all, the space-time container for reflection, re-elaboration and recomposition of the internship experience, in its various aspects (individual and group work, relational experiences inside and outside the classroom).

The theoretical, methodological, ethical / value dimensions necessary to acquire a professional, reflective and integrated thought and approach will be solicited and recalled. In particular, connections are expected with the course on *Principles and foundations of social work* and with the course on *Methodology of social research*.

During the year, individual interviews, in-depth study and monitoring of the path are planned, upon request of the teacher or student.

PLEASE NOTE: In the Covid-19 emergency period, the lessons will take place in a mixed way, which will ensure the best possible teaching quality in connection with safety requirements and regulatory indications at national, regional or local level.

Assessment methods

For the individual verification of the path and its results, an individual final written document is provided, which translates and summarizes the experience as a whole, also taking up and reworking the texts produced during the year.

Further elements of evaluation will be:

- frequency (minimum 75%);

- active participation in group work and in plenary;

- the progressive acquisition of a thought and a professional approach.

The evaluation of the *Internship Guide* correlates with the evaluation of *Principles and foundations of social work*. Failure to successfully pass the *Internship Guide* will result in the failure to pass to the following academic year.

Textbooks and Reading Materials

Campanini Annamaria (a cura di), Nuovo dizionario di servizio sociale, Carocci Faber, Roma 2013

Luppi Maria et al. (a cura di), Sguardi sul servizio sociale. Esperienze e luoghi di una professione che cambia, Franco Angeli, Milano 2016