

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

# **Evaluation of Psychological Interventions Laboratory**

2021-2-F5105P025

#### Learning area

Research methods in experimental psychological sciences

#### Learning objectives

Knowledge and understanding

- · Illustrating types of interventions
- · Designing interventions and identifying their implications (e.g., ethics, golden standards, sampling)
- · Analyzing costs and benefits of interventions

Development of an intervention project

• Critical evaluation of interventions (theoretical and methodological implications)

#### **Contents**

The course aims to provide the theoretical, methodological and practical bases to design and evaluate a psychological intervention in different fields of application. Students will be provided with a general framework of the elements that constitute typical interventions in different psychological areas. Invited experts will share their experience to deepen a series of specific technical topics. Students will have the opportunity to practice their knowledge and to design an intervention on a domain of their interest.

#### **Detailed program**

- Types of interventions across different fields of psychology
- · Gold standards of interventions
- Assessing interventions' efficacy: Quantitative and qualitative methods
- Nudge and Decisional Psychology
- Sampling: sampling strategies, sample size and effect size determination
- Power analysis
- Risk Analysis
- From pilot to large scale: defining costs and benefits of the interventions
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### **Prerequisites**

Good knowledge of the research methods employed in psychological research enables a more aware learning.

#### **Teaching methods**

Lectures and discussion in class. Individual and group assignments.

\*\*\* Lessons will be held in presence or through online video lessons, according to the University's regulations regarding the COVID-19 emergency situation. In both cases, all lessons will be video recorded and made available to the students. \*\*\*

#### **Assessment methods**

Learning will be assessed through a project work. Students will complete the project work in small groups, each one developing a psychological intervention project on a specific topic of their choice.

The projects will be discussed in the final lesson of the laboratory.

\*\*\* During the COVID-19 emergency, exams will be conducted according to the University's regulations regarding the COVID-19 emergency situation. \*\*\*

#### **Textbooks and Reading Materials**

There is not a reference book for this laboratory.

All the materials used in the clainstructor.	ass (i.e., slides, papers)	will be made available on tl	ne e-learning website by the