

SYLLABUS DEL CORSO

Psicologia della Salute e Interventi Clinici in Ambito Sanitario

2021-2-F5104P016

Learning area

Learning objectives

Knowledge and understanding

- The main themes of health psychology, discussed in a psychodynamic/clinical perspective
- Theoretical foundations and practical application of doctor/patient relationship and communication
- Analysis and understanding of the emotional, behavioral and relational aspects of the different moments of diagnosis, treatment and helping to face death in the different developmental stages
- Analysis and understanding of the emotional, behavioral and relational aspects of the activity of health workers
- Analysis of the main problems related to the relationship with the immigrant patient
- Transcultural medicine

Applying knowledge and understanding

- Mastery of communication techniques in health psychology
- Ability to pinpoint the main intervention areas, with a specific attention for risk and prevention factors
- Capability of applying different intervention models related to the patients' developmental stage and to the health workers' needs

- Capability of applying different intervention models related to the immigrant patient

Contents

The main themes of clinical health psychology will be discussed, giving a specific attention to the impact that the different phases of the illness can have on the patient, on his family and on health workers. The main themes of the relationship with the immigrant patient

Detailed program

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- Migration experience: individual and collective

Prerequisites

Nothing specific. A good knowledge of clinical psychology foundations would allow a deeper understanding of the themes discussed.

Teaching methods

During Covid emergency period lessons will be held in a mixed mode: partial presence and videotaped asynchronous/synchronous.

Lectures, discussion of case studies; some documentaries and movies will also be presented and discussed, with the aim of analyzing in depth some issues and of reinforcing the student's interest for the topic.

Students' active participation is solicited in order to stimulate analytical and expository skills; therefore, interested students may write a short essay, by themselves cooperating with a fellow student, and produce a Powerpoint presentation to be discussed with the class. Participation to optional activities contributes to final evaluation.

Assessment methods

During Covid emergency examination will be telematic and oral. _____

A written test including multiple choice questions and two open questions. Questions concern the whole program and also papers published on e-learning

The open question consists in the discussion and analysis of a specific and is aimed to the evaluation of analytical skills and of the ability to discuss critically the subject.

Oral examination is optional and is available only if the written test has been passed.

There will be an in itinere examination reserved to students attending the lectures.

Textbooks and Reading Materials

- Ripamonti C.A. 2015. Manuale di psicologia della salute, prospettive cliniche, dinamiche e relazionali. Il Mulino editore, Bologna
- Marino V., Marrone F., Panaro M. (a cura di M. Whuel) 2018 Il migrante, ascolto e cura, Vivarium
- Mazzetti M. Il dialogo transculturale -manuale per operatori sanitari e altre professioni di aiuto, Carocci Faber
- Psichiatria Culturale: un introduzione 2004. Raffaello Cortina Editore
- Marco Venturino. Cosa sognano i pesci rossi. Mondadori

