

SYLLABUS DEL CORSO

Clinica dell'Adolescente e del Giovane Adulto

2021-1-F5104P006-F5104P007M

Learning area

1: PSYCHOLOGICAL FUNCTIONING: MODELS AND METHODS FOR ASSESSMENT

Learning objectives

Knowledge and understanding

- Developmentally informed theories on adolescence and young adulthood in a psychoanalytic and lifespan psychological perspective.
- Models of assessment and psychotherapy for adolescents and young adults.

Applying knowledge and understanding

- Applying developmental theories on adolescence and young adulthood.
- Review of models of intervention in diverse settings (school, psychosocial services, university).
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Contents

- Introduction to the specific features of the developmental tasks of adolescence and young adulthood in a psychodynamic perspective.

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Detailed program

- The developmental tasks of adolescence and young adulthood.
- Introduction to the classic and the most recent theories and research studies on psychodynamic and developmental perspectives.
- Developmental trajectories of adolescents and young adults in relation to their environment (e.g. family, friends).
- Developmental crisis and psychological troubles in adolescence and young adulthood, _____
- Developmental arrest and assessment in adolescence and young adulthood.
- Theory and practice of the assessment of adolescents, young adults and their parents in various settings.

Prerequisites

Basic knowledge of developmental and psychodynamic psychology.

Teaching methods

In addition to classroom lectures, part of the teaching will take place through the discussion of case studies.

The slides will be available on the e-learning site of the course.

During the Covid-19 emergency lessons will take place in mixed mode: partial presence and online lessons

Assessment methods

The verification of learning will be carried out through an oral examination aimed at verifying the specific knowledge of the main theoretical and clinical aspects of the course.

The answers to each question will be evaluated in terms of correctness of the answers, argumentative capacity, synthesis, ability to form links among the different areas.

During the Covid-19 emergency, exams will be conducted according to the University's regulations regarding the COVID-19 emergency situation.

Textbooks and Reading Materials

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 - Lancini M. (2019). *Il ritiro sociale negli adolescenti. La solitudine di una generazione iperconnessa*. Raffaello Cortina.
 - Lancini M., Cirillo L., Scodeggio T., Zanella T. (2020). *L'adolescente. Psicopatologia e psicoterapia evolutiva*. Raffaello Cortina. *In press*.
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