

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

### **SYLLABUS DEL CORSO**

# Laboratorio:stesura della Relazione Clinico-diagnostica

2021-2-F5104P035

#### Learning area

n. 1: Models and Techniques of psychological functioning assessment

#### Learning objectives

Knowledge and understanding

- From the first meeting to the assessment
- Use of diagnostic instruments and of bio-psycho-social data
- Psychodiagnostic taxonomies
- · Application of the various psychological instruments

Applying knowledge and understanding

- · Become familiiar with psychological testing
- Allow a first contact to clinical reasoning
- Focus attention on fundamental elements in order to make strategical clinical choices

#### **Contents**

In the course we will deal with assessment, its characteristics, defining elements, and the how it is made. We will focus on clinical reasoning in order to better understand how to choose the right instrument and to understand how those data can then be transmitted in a written form.

#### **Detailed program**

- From the first meeting to the assessment
- Psychological assessment: how, why, when
- Psychological assesment as a process in time
- What instruments are available for the psychologist
- Clinical reasoning as a guidance in choosing instruments
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## **Prerequisites**

Knowledge about different types of first meeting with a client, fundamental psychological classifications, role of the psychological assessment

#### **Teaching methods**

During the Covid-19 pandemic, lessons will be online with registration available.

#### **Assessment methods**

75% of the total number of hours is required.

The student participation will be evaluated through the production of a clinical report based on material and guidelines given during the lessons.

#### **Textbooks and Reading Materials**

Manuale diagnostico psicodinamico PDM-2. Nancy McWilliams, Vittorio LIngiardi. Milano: Cortina.

DSM-5, Manuale Diagnostico e Statistico dei Disturbi Mentali. APA. Milano: Cortina.

La diagnosi psicoanalitica. Nancy McWilliams. 2012. Astrolabio.