



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Psicologia Clinica

2021-1-F5104P005

Learning area

Learning area n. 1: Psychological functioning: models and methods for assessment

Learning objectives

Knowledge and understanding

- Broad issues and theoretical orientations in clinical psychology.
- Aspects related to psychiatric and psychodynamic diagnoses
- Introduction to psychological treatment

Applying knowledge and understanding

- Acquisition of the general principles of clinical assessment and reasoning

Critical understanding of diagnosis and treatment aspects related to core psychopathological features Introduction to clinical practice with particular reference to Personality Disorders

Contents

Aim of the course is to introduce the student to the study of (I) advanced clinical diagnosis and defense mechanisms, (II) personality organization/ personality disorders/ narcissism (III) Affective Disorders, Anxiety Disorders, Addiction Disorders.

In order to do so, the course will provide basic notions on contemporary clinical treatments.

Detailed program

- Diagnosis of mental disorders (DSM-5)
- Defense mechanisms
- Psychodynamic assessment; personality organization and disorders
- Narcissism
- Advanced clinical features of Affective Disorders, Anxiety Disorders, Addiction Disorders

Prerequisites

General knowledge of Psychopathology (DSM-5 diagnostic criteria) and Dynamic Psychology (Psychodynamic Diagnosis and basic knowledge). We encourage students lacking such prerequisites to ask for basic references (via e-mail or during classes).

Teaching methods

During the Covid-19 emergency period, lessons will take place remotely asynchronously with synchronous videoconferencing events.

Supplementary materials - if possible - will be available on the e-learning platform.

Assessment methods

In the Covid-19 emergency period, exams will be oral and only telematic. They will be carried out using the WebEx platform and on the e-learning page of the course there will be a public link for access to the examination of possible virtual spectators.

Textbooks and Reading Materials

Required bibliography:

1. Lingiardi V., Madeddu F. (2002). I meccanismi di difesa. Milano: Raffaello Cortina Editore. Cap. 1 (paragrafi 1 e 10), cap 3, appendice DMRS.

2. Gabbard G.O. (2015). *Psichiatria Psicodinamica*. Raffaello Cortina Editore (cap. 8,9,12 (solo parte relativa ai disturbi da uso di sostanze, pp.343-356),14,15 (pp. 425-442),16 (pp. 477-491),17 (pp. 509-521),18 (pp. 539-551),19

3. Madeddu F. (2020). *I mille volti di Narciso*. Raffaello Cortina Editore. (cap 1,2,3, 6,11,12)

Suggested bibliography – for basic references

Gabbard G.O. (2015). *Psichiatria Psicodinamica*. Raffaello Cortina Editore (cap. 1,2,3)

Eventuali altri riferimenti potranno essere dati a lezione/ Any other references may be given in class
