



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Emotions and Relationships in Learning Processes

2021-1-F5103P083

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#### Learning area

1: Typical development and educational contexts

#### Learning objectives

##### *Knowledge and understanding*

- ? What is learning: an operational mode.
- ? Development of relational skills and emotional skills.
- ? Evaluation of the emotional-relational organization in learning.
- ? Mentalization, affective regulation and development of the Self in teaching-learning processes.

##### *Applying knowledge and understanding*

- ? Ability to understand and evaluate the evolutionary and relational factors involved in learning processes.
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## **Contents**

The course aims to illustrate the role of emotions and relationships in learning processes, focusing mainly on the characteristics of the environment (family and school) that can represent protection and/or risk factors for learning.

## **Detailed program**

- Characteristics of the development of emotional skills
- Mentalization, affective regulation and development of the Self in learning processes
- Relational characteristics of learning.
- Affectivity and emotions in learning processes
- Protection and/or risk factors of learning with respect to family and school
- Relational dynamics with the teacher and the class.
- Relational and emotional dynamics in learning contexts during the life cycle

## **Prerequisites**

Nothing specific. A good knowledge of the basis of Psychology enables a more aware use of the course contents.

## **Teaching methods**

Frontal lesson will be the main mode of the course. The active participation of the students is desirable. There will be group exercises, focused on course topics. Some themes will be studied in depth by clinical cases.

These modalities, together with the discussion in the classroom, have the purpose of making the course contents more usable and facilitate the acquisition of specific skills on the emotional and relational characteristics of learning.

## **Assessment methods**

The verification of learning will be carried out through an oral examination.

The knowledge related to the evaluation of relational processes and to the emotional and relational factors involved in learning-teaching processes will be evaluated.

Participation in the optional activities proposed during the course contributes to the final evaluation (only for attending students).

For the attending students there is a early exam session at the end of the course.

## Textbooks and Reading Materials

Libri di testo obbligatori:

- Salzberger-Wittenberg I., Williams Polacco G., Osborne E. (1993). L'esperienza emotiva nel processo di insegnamento e di apprendimento. Liguori. Dal capitolo I al capitolo VIII

- Tagliani P. (2017). Difficoltà di apprendimento come sintomo. Legami, trauma e identità. Mimesis. Da pag 17 a pag 91, da pag 117 a pag 144, da pag 149 a pag 211, da pag 229 a pag 239.

- Slides del corso

Un libro a scelta fra:

-Midgley N. & Vrouva I. (2007). La mentalizzazione nel ciclo di vita. Interventi con bambini, genitori e insegnanti. Raffaello Cortina. Cap I, II, IV, VI, VII.

- Pellai A & Papuzza E. (2019). Cyber generation. Sfide evolutive per chi cresce online. Riflessioni per genitori, insegnanti e operatorio. Francoangeli Editore.

-Ammaniti M. (2018). Adolescenti senza tempo. Raffaello Cortina Editore. Cap I, II, IV, VII, VIII, IX.

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