



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Practical Philosophy

2021-1-F8501R009

Course title

Philosophical practices: Philosophical Life and Care for the World

Topics and course structure

What is the relationship between life and thought according to ancient Greek philosophy? How are philosophy, action (praxis), and experience (in its both ordinary and properly spiritual dimensions) intertwined in this beginning? How are we to understand the human being as the fruit of an architectonic, formative process?

This course focuses on philosophy as a body of formative practices and philosophical-spiritual exercises. In the systematizations of the late ancient schools as well as the Platonic-Aristotelian and pre-Socratic reflection, philosophy understood in its essentially practical dimension casts light on the crucial problems of pedagogical processes and therapeutic relationships alike.

Objectives

Developing: 1) reading and interpretive abilities; 2) capacity for autonomous articulation; 3) critical and dialectical skills; 4) self-awareness and formative abilities; 5) listening and dialogical ability in pedagogical/analytical context.

Methodologies

Lectures, discussion, seminars.

Online and offline teaching materials

Programme and references for attending students

This year the course will focus on the intertwined themes of the origin of philosophy, the exploration of human potentiality, and the reflection on being in the world.

P. Hadot, *What Is Ancient Philosophy?*

J. Sallis, *Being and Logos*(Indiana University Press)

Plato, *Phaedrus*

Programme and references for non-attending students

Same as for the attending students.

Assessment methods

Oral exam.

Office hours

By appointment.

Programme validity

2 years.

Course tutors and assistants

Dr. Luca Grecchi

Dr. Elena Bartolini

Dr. Andrea I. Daddi

Dr. Alessandra Indelicato

