

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# SYLLABUS DEL CORSO

# Salute di Genere

2021-2-I0102D011

# Aims

The student will know the foundations of public health and how to prevent the most common pathologies. The student will know and will be able to offer the gynecological screenings, the female and infan vaccination programs. The student will know the main gynecological diagnostic methods, the benign gynecological pathologies, the sexually transmitted diseases and the pelvic static complications. The student will know the role of the community midwife and her educational role on the prevention and promotion on the female health. The student will know the foundations for an effective communication and the tools for the educational process in the adult life.

#### Contents

The course provides the student the knowledge of the main benign gynecological diseases, the sexually transmitted diseases and the pelvic static pathologies. The course provides to the student the foundations of public health and health education. Will be addressed the role of the community midwife and her educational role on the health gender promotion and family planning. The course provides to the student the knowledge of the main dermatological disease. The course provides the student the foundations.

## **Detailed program**

**MED/47 COMMUNITY MIDWIFE**. The students will be able to plan and to provide an evidence based educational and rehabilitation program to the woman in accordance with the Midwifery Partnership Model, the Midwifery Management, the international Classification Functions and evaluation scales. The concept of community and the role of community midwife. The population screenings. The cultural determinants of gender health and the promotion of healthy lifestyles. The midwifery counseling in the family planning program. The role and the midwifery skills in reducing the adverse reproductive outcome (EAR), in the parenthood educational programs, and

emotional, reproductive and sexual health programs. Organisational models of the community health services.

**MED/42 PUBLIC HEALTH:** The foundations of public health. The community prevention programs. Screening tests and programs. Vaccinations. The National Vaccination Plan 2017-18. Legislation and health organization. The LEA. The sanitary organization in Lombardy. Lifestyles risk factors. Main Infections and food-borne diseases.

**MED/40 GYNECOLOGY**: Gynecological epidemiology. The benign gynecological diseases. Gynecological examination and diagnostic investigations. Menstrual cycle fisiopatology, from menarche to menopause. Endometriosis. Pelvic pain and dysmenorrhea. The most common gynecological malformations. Genito-urinary infections and sexually transmitted diseases.

**MED/35 CUTANEOUS AND VENEREE DISEASES**: The skin: Anatomy, physiology and semeiotic. The most common skin diseases during pregnancy and skin and venereal diseases.

**M-PED01 HEALTH EDUCATION**: Health education theories and models. How to design and to evaluate educational interventions. Pregnancy and childbirth representations. Medicalization and technology in the childbirth. The past and current parenting. The effective communication.

#### Prerequisites

None

#### **Teaching form**

Lectures, practice exercises and group work.

Due to Covid 19 emergency, lessons will be held partially in the classroom and partially via recorded online classes.

#### Textbook and teaching resource

Pairman Sally, Tracy Jan, Thorogood Carol, Pincombe Sally, Midwifery. Preparation for practice, Churchill Livingstone 2015,ed 3n.

Ministero della Salute, 2006, Screening oncologici: Raccomandazioni per la pianificazione e l'esecuzione degli screening di popolazione per la prevenzione del cancro della mammella, del cancro della cervice uterina e del cancro del colon retto.

N. Comodo, G.Maciocco. Igiene e Sanità Pubblica – Nuova edizione – 2011- Carocci Faber

Berek J. (2011). Berek and Novak's Gynecology. LWW, 15 th edition.

Edwins Jenny, Community Midwifery Practice", Blackwell Publishing, 2008.

Cainelli T, Giannetti A, Rebora A, Dermatologia Medica e chirurgica, McGraw-Hill, ed 5°, 2012.

Mantegazza R.Narrare l'inizio. Gravidanza, parto, nascita tra natura e culture. Castelvecchi, 2017.

Signorelli - Capolongo - Odone - Nante - AAVV, Igiene e sanita' pubblica - Secrets - Domande e risposte 2019, Seu

#### Semester

II semester

### Assessment method

Written exam with multiple choise test with only one correct answer and questions with brief answers. Oral exam.

Due to covid 19 emergency all exams will be held remotely. The platform used is WebEx and a public link will be available on the e-learning page to access the exams.

### **Office hours**

On appointment