



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Childbirth Psychology (Monza)

2021-3-I0102D904-I0102D914M-T1

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#### Aims

The course will provide the ability to identify the pathological characteristics related to the postnatal period and to recognize the different dimension of parenting in front of the pathological pregnancy and high risk newborn with a particular attention to affective codes that allow the midwife to identify the needs of pregnancy.

#### Contents

The student will be also able to assist the women in case of complicated pregnancy and birth. The student will be able to recognise and treat the most frequent complications related to the puerperium.

#### Detailed program

Changes associated to the pregnancy and birth to become mother and father in case of complicated pregnancy/birth. The narcissistic injury and the encounter with the real child. The relationship with the premature or disabled child Family support in case of high risk pregnancy/birth. Parents and midwives in front of the mourning Babyblues. Mother diseases: the post-partum depression, the nevrosis and psicosis. Post Traumatic Stress Disorder. Psychological dynamics related to abortion and infertility. Introduction to psychosomatics

## **Prerequisites**

None.

## **Teaching form**

Lessons and case report.

Due to Covid 19 emergency, lessons will be held partially in the classroom and partially via recorded online classes.

## **Textbook and teaching resource**

- PAIRMAN S., PINCOMBE J., THOROGOOD C., TRACY S. Midwifery. Preparation for practice, Churchill Livingstone - Elsevier, Marrikville, 2015, 3°ed, e-book.
- MARMARSHALL J.E., E RAYNOR M.D., Advancing skills in midwifery practice, Churchill Livingstone, 2010 (Cap 4, 5,7,8,9,10).
- BRAZELTON T. BERRY, Il bambino da 0 a 3 anni, Rizzoli, 9° ed, 2011
- MIELI. Il bambino non è un elettrodomestico. Feltrinelli, 2011
- TRACY HOGG. Il linguaggio segreto del bambino. Mondadori, 2012

## **Semester**

I semester.

## **Assessment method**

Written exam will be an essay concerning a clinical case.

Oral exam with interview to discuss written test.

Due to covid 19 emergency all exams will be held remotely. The platform used is WebEx and a public link will be available on the e-learning page to access the exams.

## **Office hours**

On appointment.

