UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Psychiatry

2122-2-H4601D009

Aims

The Course aims to reach the following goals:

a)the identification and diagnosis of
specific mental disorders starting from the biopsychosocial etiopathogenetic
theory

b)the identification of the most
useful therapies to the care and cure of the patient suffering from mental
disorder, starting from the Guidelines of psychiatric treatment deriving from
the EBM approach

c)the identification of the complexity
of the relationship with the patient suffering from mental disorder

the understanding of the importance and the
application of the information deriving from the psychosocial context in the
care, cure and rehabilitation of a patient suffering from mental disorder

Contents

The Course provides the student with the essential theoretical knowledge
related to Behavioural Sciences with a view on their subsequent professional
application in the clinical context.

The Course allows the student to learn about, and
further develop, the interrelationships between the contents of neuroscience, psychopathology,
clinical psychiatry and psychopharmacology in the dimension of the CNS

complexity and the integration of functions. This cognitive route is aimed at understanding the most important and varied pathological clinical conditions in regards to both health and real illness, with particular attention to interdisciplinary Medical and Behavioural Sciences and to results deriving from EBM and gender-related medicine.

Detailed program

PSYCHIATRY:

1.
Introduction

2.Historic development of the concepts of normality and illness in the field of mental health

3.Historic development of the therapeutic models in psychiatry and of the organization and structure of the psychiatric care

4.Relevant psychiatric and drug addiction legislation

5.General and specific epidemiology in psychiatry

6.Diagnostic psychiatry: the coding classification of mental disorders and the role of DSM-5 and ICD-10 classification system

7.The specific mental disorders:
diagnosis, clinical conditions and treatment of:

7.1
Substance-related and Addictive Disorders

7.2
Anxiety Disorders

7.3
Obsessive-Compulsive and Related Disorders

7.4
Trauma- and Stressor-Related Disorders

7.5
Depressive Disorders

7.6
Bipolar and Related Disorders

7.7Schizophrenia Spectrum and Other
Psychotic Disorders

7.8
Feeding and Eating Disorders

7.9
Personality Disorders

7.10Outline on Neurocognitive Disorders
and Somatic Symptom and Related Disorders

7.11Notes about the concepts of impulsivity
and aggression in psychiatry (suicide, attempted suicide, violence against
others, jail and prison psychiatry)

8.
Treatments in psychiatry: psychopharmacological therapies, general
rudiments of psychotherapy and psychoeducation (individual, group and family);
psychosocial rehabilitation

Prerequisites

Knowledge of the propaedeutic
Courses indicated in the rule book of the Degree

Teaching form

Lectures aiming to offer
in-depth knowledge on clinically relevant topics

Textbook and teaching resource

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American Psychiatric Association,
DSM-5, Manuale Diagnostico e Statistico dei Disturbi Mentali, Raffaello Cortina
Editore, Milano 2014

-
Barnhill J.W. (ed), DSM-5. Casi Clinici, Raffaello Cortina Editore, Milano 2014

-
Nussbaum A.M., L’esame diagnostico
con il DSM-5, Raffaello Cortina Editore, Milano 2014

-
Muskin P.R. (ed), Domande e Risposte
sui criteri diagnostici. DSM-5. Un Manuale utile per facilitare l’apprendimento
dei criteri diagnostici del DSM-5, Raffaello Cortina Editore, Milano 2016

-

American Psychiatric Association,
Comprendere i Disturbi Mentali. Una guida per la famiglia con l’aiuto del DSM-5. Raffaello Cortina Editore, Milano 2018

Hales R.E., Yudofsky S.C., Roberts L.W. (eds), Manuale di Psichiatria della American Psychiatric Publishing, EDRA Milano 2015

Semester

3 Anno - 1 Semestre

Assessment method

Oral exam with
evaluation of learning and knowledge of the topics studied during the Course through a clinical case study and in-depth questions on other topics.

No tests during the term

Office hours