



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### General Psychology I

2122-1-H4102D005-H4102D015M

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#### Aims

At the end of the course students:

- (1) will have acquired an initial competence in identifying and differentiating the relational elements in the medical patient interaction;
- (2) will have acquired the ability to recognize some basic mechanisms of one's relationship style.
- (3) will recognize and describe the characteristics of the different attachment styles and the implications for the relationship of care with the patient;
- (4) will know how to recognize and describe interpersonal motivational systems (activation, deactivation, related emotions).

#### Contents

Interpersonal motivational systems

Attachment in the relationship with patients

Human dimension in doctor patient relationship

## Detailed program

The motivation, from Maslow pyramid to interpersonal motivational systems. Interpersonal motivational systems (attachment, care, predatory, competitive, sexual, play and affiliation, cooperative).

Attachment and relationship with patients (secure, avoidant, ambivalent, disorganized attachment); attachment-based care approach. Different attachment styles (secure, avoidant, ambivalent, disorganized).

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## Prerequisites

none

## Teaching form

Frontal lessons, with the use of active and interactive methodologies (e.g. mentimeter, flipped classroom, buzz groups), guided discussion in the classroom, with the use of educational videos and film clips; \_\_\_\_\_

Videos: clips from "The doctor" 1991; "Mi vida sin mi" 2003, "Le scaphandre et le papillon" 2007

Any changes may be possible in the event of a national pandemic, strictly following the instructions of the University

## Textbook and teaching resource

Wilhelm K., Tietze T. (2016). Difficult doctor-patient interactions. Applying principles of attachment-based care. *Medicine Today*, 17(1-2), 36-44.

Liotti, G. and Gilbert, P. (2011) 'Mentalizing, motivation, and social mentalities: theoretical considerations and implications for psychotherapy', *Psychology and Psychotherapy: Theory, Research and Practice*, 84,1, 9-25.

Hunter J. and Maunder R. (Editors) (2016). *Improving Patient Treatment with Attachment Theory: A Guide for Primary Care Practitioners and Specialists*. Springer

## Semester

first term

## **Assessment method**

The final written test measures the level of knowledge, the level of inductive and deductive reasoning, and problem solving ability.

It includes discussion of problems, analysis of clinical cases and open conceptual questions

## **Office hours**

To make an appointment, please contact the teachers by e-mail: [mariagrazia.strepparava@unimib.it](mailto:mariagrazia.strepparava@unimib.it)

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