



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### La Depressione Post Partum: Strumenti per Riconoscerla e Gestirla

2122-4-H4101D241

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#### Aims

Goal: the course aim is to give the basic theoretical knowledge about post-partum depression, diagnosis and treatment

Help student to acquire practical abilities in these case management

#### Contents

Post-partum depression

Risk assessment Net intervention Practical exercises

#### Detailed program

Post-partum depression: diagnosis, differential diagnosis, attachment theory, assessment, screening, clinical intervention.

Practical exercises of case management

## **Prerequisites**

Enrollment in the fourth year of the Degree in Medicine and Surgery or in the second year of the Degree in Obstetrics

## **Teaching form**

Frontal lesson and practical exercises

Lessons will be provided in presence, subject to any ministerial changes following the COVID pandemic situation

## **Textbook and teaching resource**

articles and slides by the teacher that will be uploaded on the elearning site

## **Semester**

second term; June

## **Assessment method**

Questionnaire

In case of extension of the pandemic emergency COVID19 and official restrictions also in the second semester, the oral exams will be exclusively through on-line platforms (e.g. WebEx platform).

## **Office hours**

To make an appointment, please contact the teachers by e-mail: [mariagrazia.streparava@unimib.it](mailto:mariagrazia.streparava@unimib.it)

office: U38, villa Serena (Monza), room number 5-24, V floor

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