



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Ipertensione Arteriosa: Dalla Essenziale alla Secondaria

2122-5-H4101D363

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#### Aims

Aims of the course is to discuss all the aspect of hypertension starting from essential form till resistant and secondary form passing through hypertensive emergency and urgency.

#### Contents

- Essential Hypertension
- Resistant hypertension
- Secondary hypertension
- Hypertensive emergency and urgency.

#### Detailed program

- Essential Hypertension: physiopatology, diagnostic criteria, therapy.
- Resistant hypertension: definition, diagnosys, pharmacological and non-pharmacological therapies.
- Secondary hypertension: hyperaldosteronism and pheocromocytoma, diagnosys and therapies.

- Hypertensive emergency and urgency: definition, epidemiology, specific pharmacological therapies.

### **Prerequisites**

The primary and secondary lessons at the third year (PMC1)

### **Teaching form**

On-site lessons (maybe videoconference if determined by ministerial rules depending on COVID-19 pandemia).

### **Textbook and teaching resource**

ESH/ESC guidelines on arterial hypertension (2018).

### **Semester**

second semester

### **Assessment method**

interactive discussion during the lessons

### **Office hours**

e-mail contact

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