

UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Arteral Hypertension: From Essential To Secondary One

2122-5-H4101D363

Aims

Aims of the course is to discuss all the aspect of hypertension starting from essential form till resistant and secondary form passing through hypertensive emergency and urgency.

Contents

- Essential Hypertension
- Resistant hypertension
- Secondary hypertension
- Hypertensive emergency and urgency.

Detailed program

- Essential Hypertension: physiopatology, diagnostic criteria, therapy.
- Resistant hypertension: definition, diagnosys, pharmacological and non-pharmacological therapies.
- Secondary hypertension: hyperaldosteronism and pheocromocytoma, diagnosys and therapies.

- Hypertensive emergency and urgency: definition, epidemiology, specific pharmacological therapies.
Prerequisites
The primary and secondary lessons at the third year (PMC1)
Teaching form
On-site lessons (maybe videoconference if determined by ministerial rules depending on COVID-19 pandemia).
Textbook and teaching resource
ESH/ESC guidelines on arterial hypertension (2018).
Semester
second semester
Assessment method
interactive discussion during the lessons
Office hours
e-mail contact