



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Delirium: Un Marcatore di Complessità Clinica

2122-3-H4101D365

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#### Aims

Improvement of the knowledge about delirium, including its association with negative outcomes. Definition of pharmacological and nonpharmacological

#### Contents

Delirium is very frequent among elderly patients, with a prevalence ranging from 10% to 35%, according to different studies. It's burdened by an \_\_\_\_\_

#### Detailed program

Didactic program:

- epidemiology
- pathophysiology

- clinical features
- diagnosis
- non-pharmacological and pharmacological approaches

## **Prerequisites**

## **Teaching form**

Lessons in attendance, according to any ministerial changes following the COVID pandemic

## **Textbook and teaching resource**

1) Wong CL, Holroyd-Leduc J, Simel DL, Straus SE. Does this patient have delirium?: value of bedside instruments. JAMA. 2010 Aug 18;304(7):779-86.

2) Witlox J, Eurelings LS, de Jonghe JF, Kalisvaart KJ, Eikelenboom P, van Gool WA. Delirium in elderly patients and the risk of postdischarge mortality, institutionalization, and dementia: a meta-analysis. JAMA. 2010 Jul 28;304(4):443-51.

3) Bellelli G, Brathwaite JS, Mazzola P. Front. Aging Neurosci., 30 April 2021 | <https://doi.org/10.3389/fnagi.2021.626127>

## **Semester**

February

## **Assessment method**

Interactive discussion at the end of the course

## **Office hours**

By appointment

