



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Internato in Ambulatori di Endocrinologia e Diabetologia Policlinico di Monza

2122-4-H4101D356

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#### Aims

Students see and visit the outpatients service of Endocrinology and Metabolic Diseases to build awareness about the most frequent diseases, diagnostic procedures, clinical protocols, and therapeutic procedures

#### Contents

Outpatients service to learn how to handle patients with diabetes and related complications, thyroid diseases with imaging and cytopathology, obesity, body composition, whole body energy metabolism, clinical nutrition and bariatric surgery, dyslipidemia and cardiovascular risk

#### Detailed program

##### Diabetes

First and follow-up visits

Type 1 diabetes and technologies (glucose sensory and insulin pumps)

Diabetic foot within a multidisciplinary path

Diabetes and CVD risk with emphasis on heart failure within a multidisciplinary path

NAFLD/NASH (fibrosis, screening with transient elastography) within a multidisciplinary path

Diabetes and pregnancy (counselling and handling of pre-gravidic diabetes and gestational diabetes, within multidisciplinary paths)

Dyslipidemias and cardiovascular disease

Educational therapy (self-monitoring blood glucose, injection therapies)

Medical nutritional therapy

Psychology/education

Podiatry

### **Endocrinology – thyroid disease**

First and follow-up visits

Path to surgery

Basedow

Hypo and Hyperthyroidism in pregnancy

Thyroid echography

Fine needle cytopathology

Ophthalmometry

### **Obesity**

First and follow-up visit

Clinical nutrition (for malnutrition)

### **Bariatric path**

Endo Dieto Psycho visits

Indirect calorimetry and body composition

## **Osteoporosis**

First and follow-up visits

Mineralometry

## **Prerequisites**

Attended Endocrinology (PMC2) 3-year

## **Teaching form**

Attending outpatient service subject to any ministerial changes following the COVID pandemic situation

## **Textbook and teaching resource**

On demand

## **Semester**

On demand

## **Assessment method**

checking the presence

## **Office hours**

by mail

## **Internato volontario Endocrinologia e Malattie Metaboliche al Policlinico di Monza**

L'Unità Operativa di Medicina Metabolica, centro specialistico e interdisciplinare, afferisce al Dipartimento di Medicina e Riabilitazione del Policlinico di Monza e la sua Missione è occuparsi con una visione globale della prevenzione, cura e della gestione delle complicanze delle Malattie Endocrino-Metaboliche. La Medicina Metabolica svolge la sua attività al PdM dal 2012 (il Polietico, Febbraio 2012, Anno 9 - N 24).

## **Sedi cliniche**

Sede Centrale via Modigliani 10, Monza

Sede Distaccata via Petrarca 51, Verano Brianza

## **Staff Medico**

### Endocrinologia e Diabetologica

Prof Gianluca Perseghin

Dott.ssa Giuseppina Manzoni

Dott.ssa Silvia Perra

Dott.ssa Francesca Zerbini

Dott.ssa Eleonora Bianconi

Dott Emanuele Muraca

Dott Stefano Ciardullo (Specializzando Endocrinologia)

Dott.ssa Rosa Cannistraci (Specializzanda Endocrinologia)

### Dietologia

Dott.ssa Alice Oltolini

Dott.ssa Alessia Bongo (dietista)

### Psicologia

Dott.ssa Simonetta Sarro

### ORL

Dott Alessandro Garbellini

### Chirurgia Bariatrica

Pietro Pizzi

Mattia Pizzi

Luca Buonaiuto

Podologia

Jacopo Barni

Ambulatorio Educazione Terapeutica

Inf Paola Parmeggiani

Inf Barbara Biffi

Data Manager

Guido Lattuada

Coordinatrice Amministrativa

Monica Cambiaghi

**Contatti**

Prof Gianluca Perseghin: [gianluca.perseghin@unimib.it](mailto:gianluca.perseghin@unimib.it)

Segreteria: Dott.ssa Anna Maria Costa: [medicina.metabolica@policlinicodimenza.it](mailto:medicina.metabolica@policlinicodimenza.it)

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