



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Internato in Scienza dell'Alimentazione

2122-5-H4101D235

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#### Aims

The student attends the Outpatient Clinic of Artificial Nutrition and the medical departments to create clinical awareness regarding the caloric and protein needs of patients.

#### Contents

Calculation of calorie and protein needs; drafting of a nutritional plan with a personalized diet based on the patient's pathology; enteral or parenteral artificial nutrition program

#### Detailed program

Nutritional assessment of the hospital's medical and surgical departments with calculation of caloric and protein requirements: preparation of a nutritional plan with a personalized diet based on the patient's pathology and any artificial enteral or parenteral nutrition program (knowledge of oral supplements, enteral products and pockets of parenteral nutrition).

Artificial Nutrition Clinic, where patients who are reported by specialists and patients discharged in Artificial Home Nutrition from the hospital are evaluated

## **Prerequisites**

Activity for medical students at 5th year of course of Medicine and Surgery

## **Teaching form**

Briefing, ward round and discussion of clinical cases, subject to any ministerial changes following the COVID pandemic situation

## **Textbook and teaching resource**

If necessary, it will be indicated during the internship

## **Semester**

Agreed with the student

## **Assessment method**

Interactive verification at the end of the course attendance.

## **Office hours**

by email

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