

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## **COURSE SYLLABUS**

# **Rehabilitation Program in The Neuromotor Field**

2122-3-I0201D143-I0201D222M

#### **Aims**

Analyze the main observable dysfunctions and their influence in the recover of the autonomy. Use the proper efficacy indicators and to plan the rehabilitative intervention. Rehabilitative assessment, the multidisciplinary assessment in the most common neurologic diseases, the dimensions of the individual rehabilitative project and its application

The meaning of rehabilitative sign, the therapeutic relationship and the role of the rehabilitative team, the rehabilitation models, the clinical and methodological aspects that concern the major cerebral lesions, set up the assessment of the patient in a coma, diversify the rehabilitative approaches based on the presentation neurological patterns.

#### **Contents**

#### **Detailed program**

- Use of movies representing patients with central nervous system damage, group work

- The most common dysfunctions and their relationship in the general autonomy recover
- Most appropriate efficacy indicators
- Planning of the intervention based on the "problem solving" approach, possible complications and their solutions
- Focus on guidelines for: therapeutic intervention post Botox patient affected by omolateral push syndrome subjects with functional upper limb potential, treatment based the constraint therapy protocols
- rehabilitative assessment
- the multidisciplinary assessment in the most common neurological diseases
- assessment scales and their use settings
- the assessment, the rehabilitative protocols
- from the assessment to the rehabilitative project
- the individual rehabilitative project. Rehabilitative treatment, hospital and patient characteristics related to the time. Design in the uncertainly.
- General outcome, functional outcome, immediate outcome, short and brief term outcomes.
- Follow-up
- From the individual rehabilitative project to the rehabilitative program.
- the rehabilitative sign as first planning moment of the rehabilitative intervention.

#### **Prerequisites**

### **Teaching form**

"Lessons in attendance, subject to any ministerial changes following the COVID pandemic situation"

#### **Textbook and teaching resource**

- Progettare la riabilitazione il lavoro in team professionale Nino Basaglia EDIERMES L'ESERCIZIO IN MEDICINA RIABILITATIVA V.M.Saraceni e D.A.Fletzer
- E-learning handouts e-learning platform Introduzione alla medicina riabilitativa c. Cerri BA Graphis edizioni Napoli

Semester		
1st semester		
Assessment method		
Described in the subject's syllabus		

## Office hours

By appointment