



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## **COURSE SYLLABUS**

### **Introduction To Kinesiology 2**

2122-1-I0201D129-I0201D108M

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#### **Aims**

The student should know: - basic principles of kinesiology - basic principles of muscular kinesiology - the movement system and its components - basis of general implication of muscular dysfunction

#### **Contents**

#### **Detailed program**

The student should know: - basic principles of kinesiology - basic principles of muscular kinesiology - the movement system and its components - basis of general implication of muscular dysfunction

#### **Prerequisites**

#### **Teaching form**

Lessons in attendance, according to national rules because of the COVID pandemic situation

#### **Textbook and teaching resource**

handouts

#### **Semester**

1st semester

## **Assessment method**

written exam with multiple questions

## **Office hours**

By appointment

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