UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Introduction To Kinesiology 2

2122-1-I0201D129-I0201D108M

Aims

The student should know: - basic principles of kinesiology - basic principles of muscular kinesiology - the movement system and its components - basis of general implication of muscular dysfunction

Contents

Detailed program

The student should know: - basic principles of kinesiology - basic principles of muscular kinesiology - the movement system and its components - basis of general implication of muscular dysfunction

Prerequisites

Teaching form

Lessons in attendance, according to national rules because of the COVID pandemic situation

Textbook and teaching resource

handouts

Semester

1st semester

Assessment method

written exam with multiple questions

Office hours

By appointment