



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Introduzione alla Cinesiologia 2

2122-1-I0201D129-I0201D108M

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#### Aims

The student should know: - basic principles of kinesiology - basic principles of muscular kinesiology - the movement system and its components - basis of general implication of muscular dysfunction

#### Contents

#### Detailed program

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#### Prerequisites

#### Teaching form

Lessons in attendance, according to national rules because of the COVID pandemic situation

#### Textbook and teaching resource

handouts

#### Semester

1st semester

## **Assessment method**

written exam with multiple questions

## **Office hours**

By appointment

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