UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Ciriax Methodology

2122-2-I0201D046

Aims

Presentation of the basic principles of the method with particular reference to to Cyriax anamnestic criteria: inspection, palpation and functional examination.

Contents

The course aims to provide participants with the basic concepts of the Cyriax method. At the end of the course the student will be acknowledged with the theoretical basis of the method. The basic principles of assessment, functional diagnosis, the criteria on treatment of diseases of the musculo - skeletal system and contraindications to treatment that provide an accurate assessment of the structure involved.

Detailed program

Transversal and deep massage, manipulative therapy for the normalization of

damaged structures.

- Anamnesis

- Inspection

- Objective exam

- Palpation

- Complementary tests

- Active, passive and resistive tests.

Prerequisites

Teaching form

Lessons and practice in attendance, subject to any changes following the pandemic.

Textbook and teaching resource

Manuale Illustrato di medicina ortopedica

Autore: J. H. Cyriax Anno di pubblicazione: 1997

Editore: PICCIN

Semester

Assessment method

Attendance

Office hours