

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# SYLLABUS DEL CORSO

# **Presentazione Metodo Cyriax**

2122-2-I0201D046

# Aims

Presentation of the basic principles of the method with particular reference to to

### Contents

The course aims to provide participants with the basic concepts of the Cyriax

# **Detailed program**

Transversal and deep massage, manipulative therapy for the normalization of

damaged structures.

- Anamnesis
- Inspection
- Objective exam
- Palpation
- Complementary tests
- Active, passive and resistive tests.

# Prerequisites

## **Teaching form**

Lessons and practice in attendance, subject to any changes following the pandemic.

## Textbook and teaching resource

Manuale Illustrato di medicina ortopedica

Autore: J. H. Cyriax Anno di pubblicazione: 1997

Editore: PICCIN

#### Semester

#### Assessment method

Attendance

## **Office hours**