



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Presentation Kinesio Taping

2122-2-I0201D067

Aims

basic concepts of the Kinesio Taping technique.

Contents

The course aims to provide participants with the basic concepts of the Kinesio Taping technique (elastic adhesive bandage with therapeutic, bio-mechanical effect). At the end of the course the student should know the theoretical basis of the technique of Kynesio taping, the main available tests and contraindications to treatment.

Detailed program

- Principles of the method
- Tape application concepts, basics
- Main tests

Prerequisites

Teaching form

Lessons in attendance and practice subject to any changes following the pandemic.

Textbook and teaching resource

Semester

Assessment method

Attendance

Office hours
