



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## **COURSE SYLLABUS**

### **Presentation of The Global Postural Re-education (rpg)**

2122-2-I0201D066

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#### **Aims**

Learn the theoretical basis of the Global Postural Re-education method: evaluation main elements, functional diagnosis, criteria about treatment of diseases of the musculo - skeletal system and contraindications to treatment.

#### **Contents**

The course aims to provide participants with the basic concepts of the Global Postural Reeducation (RPG).

#### **Detailed program**

General principles of the RPG method

- Causality, individuality and global aspects
- Inhibitive proprioceptive system
- Muscular physiology and pathophysiology: static function and dynamic function.

#### **Prerequisites**

#### **Teaching form**

Lessons and practice in attendance, small group work, subject to any changes following the pandemic.

**Textbook and teaching resource**

**Semester**

**Assessment method**

Attendance

**Office hours**

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