UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Presentation of The Global Postural Re-education (rpg)

2122-2-I0201D066

Aims

Learn the theoretical basis of the Global Postural Re-education method: evaluation main elements, functional diagnosis, criteria about treatment of diseases of the musculo - skeletal system and contraindications to treatment.

Contents

The course aims to provide participants with the basic concepts of the Global Postural Reeducation (RPG).

Detailed program

General principles of the RPG method

- Causality, individuality and global aspects

- Inhibitive proprioceptive system

- Muscular physiology and pathophysiology: static function and dynamic function.

Prerequisites

Teaching form

Lessons and practice in attendance, small group work, subject to any changes following the pandemic.

Textbook and teaching resource

Semester

Assessment method

Attendance

Office hours