UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Evalutation and Treatment of The Painful Shoulder

2122-3-I0201D032

Aims

learning strategies for the patient with shoulder pain.

Contents

One session of 7 hours, concept of evaluation and treatment of shoulder pain will be presented.

Detailed program

Functional Anatomy - Biomechanics and arthrokinematics of the shoulder (joints: glenohumeral, sub-acromial, scapulo-thoracic, acromio-clavicular, sterno-clavicular);

Principles of pathology and pathogenesis of the syndromes of conflict and instability according to the different schools of thought (Kinetic Control, Maitland, Mc Connel, Mezieres).

Principles of treatment according to the aforementioned schools of thought.

Prerequisites

Enrollment in the 3rd year of the course.

Teaching form

Lessonsand practice in attendance, subject to any changes following the pandemic.

Textbook and teaching resource

Semester

Assessment method

Attendance

Office hours