

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **COURSE SYLLABUS**

# **Cardiovascular Diseases**

2122-2-I0101D011-I0101D035M

#### **Aims**

Identify the main diagnoses in diseases and organic disorders Identify outcomes in relation to their rewards. Identify nursing interventions in relation to autonomy/independence level of patient. Identify the theoretical framework that guide the choice of nursing interventions. Describe nursing care actions during some diagnostic and therapeutic procedures, according to the acquired skills.

#### **Contents**

To introduce nursing process through the follow four-stage nursing process: <u>Assessing phase</u>, <u>Diagnosing phase</u>, Outcome phase, Implementing phase, in people who is affected by oncology, cardiology, respiratarory, neurology end infective pathology.

To introduce the bases of physiopathology and treatment of the main oncology, cardiology, respiratory, neurology end infective pathology.

#### **Detailed program**

Major signs and symptoms of heart disease. Diagnostic role of instrumental examinations in cardiology: standard electrocardiogram, exertional electrocardiogram, doppler echocardiogram, the 24-hour blood pressure monitoring. Cardiac catheterization and coronary angiography. Acute coronary syndromes. Angina pectoris. Arrhythmias in acute and chronic ischemic heart disease. Notes on medical and interventional therapy. Acute heart failure.

Chronic heart failure. Arrhythmias in heart failure. Notes on medical treatment and electrical therapy decompensation. Pericarditis. Coxsackie. Endocarditis. Clinical and diagnostic aspects. Therapy notes.

## **Prerequisites**

Positive evaluation in these previous exams: Fundamentals of Nursing and Midwifery Sciences; Nursing Clinical Methodology; Nursing Clinical Methodology 1; Biomedical Sciences 1; Human Phisiology.

## **Teaching form**

Lectures. Narration. Bibliographic search. During the Covid-19 emergency period, lessons will take place in mixed mode: partial presence and asynchronous / synchronous videotaped lessons.

# **Textbook and teaching resource**

Hinkle J.L., Cheever K.H. (2017) Infermieristica medico-chirurgica, IV ed. Milano: Casa Editrice Ambrosiana, Vol. 1 e 2; Ausili D., Baccin G., Bezze S., Di Mauro S., Sironi C. (2015) L'impiego dell'ICNP® con il Modello assistenziale dei processi umani: un quadro teorico per l'assistenza infermieristica di fronte alla sfida della complessità. Copyright © 2015 CNAI, Consociazione nazionale delle Associazioni infermiere/i – Centro Italiano per la Ricerca e Sviluppo dell'ICNP; Herdman TH, Kamitsuru S. (2015) Nanda International, Diagnosi infermieristiche Definizioni e Classificazione 2015/2017. Milano: CEA; In-depth bibliography

## Semester

2nd Year, 2nd Semester

#### Assessment method

There are no ongoing tests.

The final exam consists of a written part and an oral part.

The written part is composed of multiple-choice questions for the control of the preparation on the exam program.

The oral part provides an interview for the verification of critical thinking in relation to the nursing care process. In the Covid-19 emergency period the oral exams will only be online. They will be carried out using the WebEx platform and a public link will be provided on the e-learning page of the course to maintain publicity for the exams.

## Office hours

On appointment

