UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Infermieristica della Disabilità

2122-3-I0101D016-I0101D051M

Aims

CLINICAL NURSING.

Know the main characteristics of aging and the management of problems related to the chronicity of the elderly person
• Contextualize the concept of "frailty" in the elderly and the importance of multidimensional assessment (VMD) using the main assessment scales
• identify the main nursing diagnoses, outcomes and interventions of the frail, comorbidities and disabled person within the intra-hospital and territorial care path.
• identify the main nursing diagnoses, outcomes and interventions for people with fractures

Contents

The course aims to:

• Describe the clinical picture of the main pathologies and geriatric syndromes related to the elderly person that can intervene on the body by altering its balance and indicate its therapeutic approach

• teach how to illustrate the pathophysiogical mechanisms that determine the diseases and geriatric syndromes

• understand the manifestations of the diseases: anamnestic data - both signs and symptoms – whose role represents one of the main variables influencing nursing.

Furthermore, the course aims to provide students with the knowledge and procedures necessary to identify and to respond to the needs of nursing care of the frail elderly person and with comorbidities using the nursing process, contextualizing the assistance situations in the field of geriatric care, orthopedic and rehabilitation.

Detailed program

CLINICAL NURSING

The frail elderly: framework and reflection through the cornerstones of geriatrics and hints of the Chronic Care Model.
Selfcare in the person with chronic pathology
The multidimensional assessment of the frail elderly.
Therapeutic education in the elderly

The management of falls, cognitive impairment and delirium.

Problems related to the need to eat and hydrate, urinary and intestinal elimination, problems of the oral cavity; drug management, pain and fractures in the elderly, immobilization syndrome and care interventions on the elderly with sarcopenia.

Aspects related to infectious risks and hints to Covid -19 infection

Prerequisites

Teaching form

Frontal lessons, teledidactis:
During the Covid-19 emergency period, lessons will take place in mixed mode: partial presence and asynchronous / synchronous videotaped lessons

Textbook and teaching resource

- Antonelli Incalzi R, *Manuale di Geriatria*, Edizioni EDRA
- Manuale di competenze in Geriatria (risorsa online: https://www.sigg.it/manuale-di-competenze-in-geriatria/)
- ISTAT, *Anziani in Italia,* Il Mulino.
- Bosello O., Zamboni M., *Manuale di Gerontologia e Geriatria*, Piccin

- Grassi, Pazzaglia, Pilato, Zatti, *Manuale di Ortopedia e Traumatologia* ELSEVIER MASSON
- Nebuloni G., (2017) Assistenza infermieristica alla persona anziana CEA
- Scientific article on the recommendation of the teacher

Semester

3rd Year, 1st Semester

Assessment method

During the Covid-19 emergency period, oral exams will take place electronically. If carried out orally, the WebEx platform will be used and the public link will be shown on the e-learning page of the course; if carried out in written mode with the PROCTORING RESPONDUS system, students will carry out the test remotely with connection from a mobile device.

Nursing written test: 14 multiple choice quizzes and three open questions. To pass the test, you must pass the 12 point cut off and have answered the open questions sufficiently

Office hours

On appointment