



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### **L'Assistenza Infermieristica nell'Ambito della Salute Mentale la Realtà della Comunità ad Alta Assistenza (CPA)**

2122-3-I0101D907

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#### **Aims**

- Know the territorial network for mental health care
- Know the type of users that you are referring to and the main nursing assistance needs
- Understand the role of the nurse within the territorial mental health network
- Know the main legislation in vogue that regulates the mental health network
- Understanding possible strategies for dealing with some "common" problems through the treatment of clinical cases

#### **Contents**

The network of mental health services and types of assistance

- Current legislation in the field of mental health
- History of how the onset and treatment of psychiatric pathology has evolved
- Type of users, overview of psychopathology and prevalent nursing assistance needs
- Professional figures working in the field of mental health
- Development of clinical cases with open discussion and role playing

## Detailed program

9.00- 10.30

The network of mental health services and types of assistance

10.30-11.00

Current legislation in the field of mental health

11.00-11.15

Coffee break

11.15-13.00

- History of how the onset and treatment of psychiatric pathology has evolved
- Type of user, overview of psychopathology
- Professional figures working in the field of mental health

13.00-14.00

Lunch break

14.15-15.15

Role of the nurse and the prevailing nursing assistance needs

15.15-17.00

Development of clinical cases with open discussion and roleplaying

17.00 - 18.00

Discussion and closing remarks

**Prerequisites**

3<sup>rd</sup> year student

**Teaching form**

Frontal lesson and role playing with treatment of a clinical case

**Textbook and teaching resource**

Teachers materials

**Semester**

second semester

**Assessment method****Office hours**

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