



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### L'assistenza alla Persona Affetta Da Malattia di Alzheimer

2122-2-I0101D103

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#### Aims

Develop knowledge about nursing care for people with Alzheimer's disease. the aim is to be able to recognize the right care approach and to favor the maintenance of the psychophysical balance of people in a long-term hospital or in an acute reality.

Promote the knowledge of the Gentle Care methodology, and teach this to caregivers at home.

#### Contents

The approach to the person with dementia itself as care and long-term care, which imposes the gradually increasingly looking for ways to articulate the emergence of increasingly complex needs. The degenerative and progressive disease and its persistence over the years involving: inguaribility and irreversibility of many of its aspects, mental and physical disabilities produce are accompanied by clinical instability, causing over time a sense of involvement in the household also pathologic. The main aim of treatment then becomes no more healing but promoting the welfare of the person and the containment of the stress of who takes care of the patient referring to a concept of being understood as the shortest distance possible between what the person wants to be and what person actually is. (Vitali, 2004)

#### Detailed program

Nursing care for people with DA model "Gentle Care"

Further bibliographic information about DA

Nursing to a person admitted to hospital with DA

Approach with family and conclusions

## **Prerequisites**

Second year

## **Teaching form**

Lectures, storytelling

## **Textbook and teaching resource**

Linee guida dell'A.A.N. (American Academy of Neurology) [www.aan.com](http://www.aan.com)

Moyra Jones, "Gentlecare-Un modello positivo di assistenza per l'Alzheimer" ed Carrocci Faber

SITOGRAFIA: [www.alzheimer.it](http://www.alzheimer.it)

Martin Suter, "Come è piccolo il mondo!" ed. Feltrinelli

## **Semester**

second-third year

## **Assessment method**

## **Office hours**

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