



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### The Nursing To Persons With Stoma-care

2122-2-I0101D120

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#### Aims

General objective: description of nurse activity at people with an ostomy

1. \_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

#### Contents

STOMA-CARE is a nursing discipline dedicated to the management of ostomy:

- packaging techniques,
- therapeutic education (pre-, post-surgery, hospital discharge, at home)
- choosing the right device
- stoma care
- prevention of early and late complications

The nursing figure is the reference point for people with ostomies and health workers and / or caregivers who wish to deepen their knowledge and skills.

The topic "ostomy" has often been poorly treated and consequently inadequate attention was given to patients who

carried it; such patients were therefore forced to live in silence and isolation their condition of "ostomy", with all the negative consequences, both psychological and practical, that could derive from them.

In recent years, the stomatherapy is becoming increasingly widespread thanks to the presence of health professionals specialized in the sector and the birth of specific clinics both at the main hospitals and on the territory.

Particular relevance to enterostomies and notes about urinary ostomy.

## **Detailed program**

outline of anatomy and pathophysiology and packaging techniques

stoma-care and the selection of the right device

therapeutic education (pre-, post-surgery, hospital discharge, at home)

prevention of early and late complications

## **Prerequisites**

2<sup>nd</sup>-3<sup>rd</sup> year

## **Teaching form**

Lectures; plenary discussion; practical demonstration

## **Textbook and teaching resource**

J.F. d'Ivernois, R. Gagneayre, " Educare il paziente - Guida all'approccio medico-terapeutico", Mediaserve Editore, Parigi (1998)

Marriner-Tomey, I teorici del Nursing e le loro teorie, Edizione italiana a cura di R. Alvaro, D. Spotti, Mosby-Year Book, Inc., St.Luis, Missouri, USA (1994)

Sfera Progetto Hollister SPA, L'educazione Terapeutica rivolta al paziente con stomia addominale, Corso di aggiornamento, Milano 12 maggio 2004

Hollister SPA- Italia: Stomia – Mosè: le Tavole, Linee Guida, Corso di aggiornamento, Milano 18 ottobre 2010

S.C.Smeltzer, B.Bare, J.Hinkle, K.Cheever. Brunner , Suddarth, "Infermieristica Medico-Chirurgica", CEA,

Milano (2010)

[www.aioss.it](http://www.aioss.it)

Associazione Italiana Operatori Sanitari in Stomaterapia

[www.fais.info](http://www.fais.info)

Federazione Associazioni Incontinenti e Stomizzati - ONLUS

[www.wcetn.org](http://www.wcetn.org)

World Council of Enterostomal Therapists

[www.ecet-stomacare.org](http://www.ecet-stomacare.org)

European Council of Enterostomal Therapy

[www.wikistoma.it](http://www.wikistoma.it)

strumento web based per la consultazione on-line di informazioni riguardo la stomaterapia

## **Semester**

second semester

## **Assessment method**

## **Office hours**

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