



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Strategies Against Violence

2122-2-I0101D138

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#### Aims

Students will be able to recognize:

The importance of a continuous awareness of all health professionals in order to maintain a high level of alert that allows to intercept and identify all cases of violence

Legislative peculiarities and regulations in force

The critical analysis on the path of violence

The analysis of the assistance approach to be provided

The importance of a synergistic and integrated orientation of the different figures, skills and resources.

#### Contents

Violence, mistreatment and sexual abuse of women are unfortunately present in everyday social life and often go unpunished because they are acted in a relationship. Every type of violence leaves in the victim a pain that lasts over time, in addition to the risk of never seeing a true and full punishment of the serious offense committed by the attacker, also due to numerous missed reports and complaints for fear of retaliation: the result is that the woman can not start a path to get out of the circle of violence. The phenomenon is terrible: in Italy in 2017, a woman was killed about every two days. Added to this are numerous other types of violence, often not intercepted, which may over time lead to many other victims. According to ISTAT data, about 7 million women have suffered a form of abuse during their lifetime. Nurses and all health professionals are called upon to play a very important role in identifying and managing these situations, but above all in the prevention and protection of the health of victims

and the family context, especially in the presence of minors. The elective course aims to sensitize the students of the Degree in Nursing (future health professionals) to the importance of the correct recognition of the problem of abuse / maltreatment and a qualitatively advanced care approach, which can not be separated from the integration of different skills, resources and professional figures, essential for building a synergistic path of hospitality and care.

## **Detailed program**

general introduction of the phenomenon

the national and international regulatory framework

physical, economic, psychological, sexual and religious violence

the phases of the cycle of violence

the chain of non-violence and coordination on the territory

collaboration with law enforcement and judicial authorities

the reception in ER and the specific company protocols: triage, alarm bells, professional assessment and taking charge

examples, discussion and closing questions

## **Prerequisites**

2nd and 3rd year of course Student Nurses

## **Teaching form**

Lecture, simulation and discussion

## **Textbook and teaching resource**

- Decreto del Presidente del Consiglio dei Ministri 24 novembre 2017 - Linee guida nazionali per le Aziende sanitarie e le Aziende ospedaliere in tema di soccorso e assistenza socio-sanitaria alle donne vittime di violenza. (18A00520) (GU Serie Generale n.24 del 30-01-2018)
- Ministero della Salute – Rapporto dell'OMS sulla violenza contro le donne. Disponibile da:

[http://www.salute.gov.it/imgs/C\\_17\\_pagineAree\\_942\\_listaFile\\_itemName\\_0\\_file.pdf](http://www.salute.gov.it/imgs/C_17_pagineAree_942_listaFile_itemName_0_file.pdf)

- Greco M. (2013) Le nuove Linee guida dell'Oms sulla violenza contro le donne: assistenza, educazione,

organizzazione, ricerca. IPASVI - Rivista *L'Infermiere* N°5 – 2013

- World Health Organization (2013) Come rispondere alla violenza del partner e alla violenza sessuale contro le donne – Orientamenti e Linee Guida cliniche dell'OMS. disponibile da: <http://apps.who.int/iris/bitstream/10665/85240/16/9788895930978-ita.pdf>

## **Semester**

second semester

## **Assessment method**

Frequency

## **Office hours**

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