UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Clinical Psychology: Methods and Settings

2122-3-E2401P135

Learning area

1: Knowledge and skills useful to understand, promote and change individual psychological functioning

Learning objectives

Knowledge and understanding

* Clinical psychology and personality pathology
* Personality and personality pathology
* Psychological models of personality
* Personality Pathology: Risk and protective factors
* The categorical and the alternative models of personality pathology

Applying knowledge and understanding

* Identifying the core features of personality pathology
* Identifying specific personality disorders
* Critical analysis of the scientific literature on protective and risk factors of personality

Contents

The course aims at providing theoretical, methodological, and clinical elements related to personality and personality pathology development. The role of risk and protective factors in personality pathology development will

be examined, according to both psychological theories and empirical studies.

Finally, the course will present the scientific debate related to categorical and dimensional models of personality pathology.

Detailed program

· Psychological theories on personality

· Clinical theories on personality pathology

· Theories and empirical studies on risk and protective factors in personality pathology

· The DSM-5 approach to personality disorders: official classification and the alternative model for personality disorders

· Assessment of personality disorders

Prerequisites

Since scientific literature in English will be presented, it is recommended that students have already taken the Advanced English exam (Second year).

Teaching methods

Lectures, discussion on scientific papers, seminars on specific topics, discussion on clinical cases.

The course material (slides and scientific papers) will be made available on the e-learning web site, so that also non-attending students can use it.

Lessons will be held in presence, unless further COVID-19 related restrictions are imposed.

Assessment methods

The exam will mainly verify the following topics:

- main features of personality

- main features of pathological personality

- risk and protective factors of pathological personality

- personality disorders

- DSM-5 criteria for diagnosing personality disorders

- diagnostic instruments for personality disorders

The exam will consist of 30 multiple choice questions and one open question on the course topics. The answer to the open question will be evaluated in terms of correctness and completeness of the answer, argumentative capacity,and synthesis. For students who request it, an oral interview will be also made available, on all the topics of the course, which can lead to an increase or decrease of up to 3 points compared to the written exam score.

Erasmus students can contact dr. Rossella Di Pierro if they wish to take the exam in English.

Textbooks and Reading Materials

- Lingiardi, V., & Gazzillo, F. (2014). La personalità ei suoi disturbi: valutazione clinica e diagnosi al servizio del trattamento. Milano: Raffaello Cortina.

Capitoli comuni obbligatori : Cap. 1; Cap. 2; Cap. 3; Cap. 4; Cap 5 (fino al par. 5.5 compreso); Cap. 7 (escluso par. 7.6); Cap. 11 (fino a par. 11.4.1 compreso); Cap. 13 (fino a par. 13.4.2 compreso); Cap. 14 (fino a par. 14.9 compreso); Cap. 17.

Un capitolo a scelta tra: Cap. 21; Cap. 22; Cap. 23.

- Slides delle lezioni

- Articoli e materiale fornito dal docente