



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Models of Clinical Interviews

2122-3-E2401P134

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#### Learning area

Knowledge about qualitative and quantitative research methodology

#### Learning objectives

##### *Knowledge and understanding*

- General themes and methodological approaches regarding a psychological diagnosis
- Clinical reasoning
- Data organisation

##### *Applying knowledge and understanding*

- The different contexts in which a clinical interview is used
- Ability to extrapolate data and formulate hypotheses from reading/listening to patient protocols
- Writing a report

#### Contents

The course aims to support the acquisition of fundamental knowledge about the theory and technique of psychological interview.

Starting from the different areas of use of the instrument, will be present the typologies of interview and the

instruments and the interview techniques (listening, observation and techniques of the question), particularly in the clinical context. A specific attention will be given to the issue of the relationship with the patient and to the formulation of clinical hypothesis on the case.

A monographic part will be focused on conducting the interview according a cognitive-behavioral approach.

## **Detailed program**

- Theoretical fundamentals and methodological approaches regarding a psychological diagnosis
- The different typologies of interview
- The different contexts in which a clinical interview is used
- Interview Techniques
- The clinical reasoning
- The diagnostic alliance
- The clinical interview
- The interview for the bio-psycho-social data
- The interview with the parents
- The interview with the adolescents
- The cognitive-behavioral interview

## **Prerequisites**

Nothing specific. A good knowledge of the basis of Psychology enables a more aware use of the course contents.

## **Teaching methods**

In addition to classroom lectures, part of the teaching will take place through the discussion of case studies and audio material.

The material (slides and, when possible, scientific articles) is made available on the e-learning site of the course, so that it can also be used by non-attending stud

Teaching activities will be delivered in-person unless otherwise specified (due to the protracted COVID-19 emergency).

## **Assessment methods**

The exam is written, and includes 10 multiple choice questions (maximum score 10) and two open-ended questions (maximum score 20 ), covering the general and monographic portions of the course . The final score is given by the sum of the two tests.

The questions are intended to ascertain the effective theoretical knowledge of the students.

The evaluation criteria are: the correctness of the answers and the critical knowledge of the learned concepts.

For those students who request it, an oral interview is also provided, on all the topics of the course, which can lead to an increase or decrease of up to 2 points compared to the score of the written exam.

No “in itinere” examinations are scheduled.

### **Textbooks and Reading Materials**

- Del Corno F., Lang M., Menozzi F. (2017). Modelli di colloquio in psicologia clinica. Milano, Franco Angeli editore.
  - Berselli E., Menozzi F. (2018). La raccolta dei dati bio-psico-sociali – 100 domande. Hogrefe Editore.
  - Ruggiero G.M., Sassaroli S. (2013). Il colloquio in psicoterapia cognitiva. Milano, Raffaello Cortina Editore.
  - Slides available on the e-learning site.
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