



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

General Psychology I - 2

2122-1-E2401P001-T2

Learning area

1: Knowledge and skills useful to understand, promote and change individual psychological functioning

Learning objectives

Knowledge and understanding

- _____
- Main themes and most relevant theories in the study of individual behavioural and cognitive functioning.

Applying knowledge and understanding

- Ability to understand the technical language and the research results in psychology
- Ability to identify the psychological processes involved in individual behaviour in everyday life
- Ability to recognize the non-pathological cognitive functioning

Contents

The course introduces students to the most relevant theories and theoretical approaches in the study of general psychology, analyzing in detail some cognitive processes. The intent is to clarify the subjects of interest of general psychology and how general psychology studies the processes and phenomena of interest.

Detailed program

- Experimental approach used by general psychology with particular emphasis on methodological and theoretical aspects.
- Sensory systems
- Problems, methods of investigation and relevant theories of specific cognitive processes:
 - Perception
 - Attention
 - Memory
 - Emotions
 - Motivation

Prerequisites

Teaching methods

Lessons will be held in presence, unless further COVID-19 related restrictions are imposed.

The course will consist of frontal lectures in which interaction and confrontation with the students will be encouraged as much as possible.

Assessment methods

The written exam consists of a written test With multiple choice questions and open questions. The multiple choice questions are aimed at testing the acquired knowledge while the open-ended questions will also test the ability to debate and argue on the course topics in brief. The evaluation criteria are the correctness of the answers, the ability to argue, synthesize, create links, and critically read reality.

----- Erasmus students can contact the lecturer to ask for an English text book or a reading list to

prepare for the exam and/or to arrange to take the exam in English.

Textbooks and Reading Materials

Students non-fluent in Italian are required to contact the professor for advice on English textbooks.
