

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

### **SYLLABUS DEL CORSO**

## Laboratorio: Metodi di Raccolta dei Dati Bio-psico-sociali e Genogramma

2122-3-E2401P122

#### Learning area

Knowledge of qualitative and quantitative research methodology

#### Learning objectives

Knowledge and understanding

- Clinical reasoning
- Collection of bio-psycho-social data
- Genograms: characteristics and theoretical background

Applying knowledge and understanding

- How to administer instruments
- How to write a clinical report

#### **Contents**

The course aims to promote acquisition of practical and theoretical knowledge related to the collection of bio-psychosocial data used in the clinical context.

It will be divided into three thematic modu les: Clinical interview, Timeline and Genog rams

#### **Detailed program**

- Theoretical concepts on the collection of biopsycho-social data in psychological field
- Importance of bio-psycho-social data in clinical context and
  - diagnostic formulation
- Collection of bio-psycho-social through Clinical interview: characterizations of the method
- Areas of investigation
- Setting: the interview with the patient andare the parents
- Conduction and management of the Clinical interview
- Role playing about how to handle Difficult Patients
- Selection of data for the final report
- Diagnosis formulation
- Collection of bio-psycho-social through the Timeline: characterizations of the method
- Application and use of the Timeline
- Collection of bio-psycho-social through the Genograms: characterizations of the method
- Application and use of the Genograms

#### **Prerequisites**

A good knowledge of the basis of Psychopathology and Interviewing technique enables a more aware use of the course contents

#### **Teaching methods**

Lessons will be held in presence, unless further COVID-19-related \_\_\_\_

The course will be experiential, and all the material presented during the lessons will be applied by the use of single cases and by the students themselves.

The course gives theoretical outline about different methods for the collection of bio-psycho-social data, in the clinical context, with examples. Each student is required to experiment with each of the methods proposed, with real or fake data.

#### **Assessment methods**

75% of the total number of hours is required.

Each student is also required to experiment with each of the methods proposed; a final report of collection of biopsycho-social, a Timeline, a

Genograms.

During the Covid-19 emergency, exams will be conducted according to the University's regulations regarding the COVID-19 emergency situation.

#### **Textbooks and Reading Materials**

Berselli E., Menozzi F. (in corso di stampa). La raccolta dei dati bio-psico-sociali – 100 domande. Hogrefe Editore Montagano S., Pazzagli A. (2015). Il genogramma. Teatro di alchimie familiari. Franco Angeli