

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **COURSE SYLLABUS**

# Laboratory: Assessment Methods of Parent-child Interaction and Regulation

2122-3-E2401P053

# Learning area

2: Knowledge and skills useful to understand and change the relations among individuals and the psychosocial processes underlying groups, organizations and social systems

# Learning objectives

Knowledge and understanding

- · Caregiver-infant interactions
- · Parental sensitivity
- Infant socio-emotional development
- · Parenting and infant developmental risk conditions

Applying knowledge and understanding

- · To identify interaction styles
- · To identify emotional regulation between caregiver and infant in the first years of life
- To evaluate interactive problems in the parent-infant dyad
- Principles of early intervention to support parenting in at-risk conditions

#### **Contents**

This course aims to provide students with theoretical concepts, methodological principles and an introduction to techniques for the observation and assessment of parent-infant interaction in typical and at-risk developmental conditions.

# **Detailed program**

#### Lessons 1 and 2 (in remote)

- Theoretical assumptoms
- Methodological principles of parent-infant interaction observation
- Parenting and developmentl risk conditions
- Early family-centered interventions

#### Lessons 3 (physical presence) and 4 (in remote)

- · Clinical cases
- Joint vision of videotapes
- · Coding the interaction
- · Comparing coding systems and their implications

# Lessons 5 (physical presence) and 6 (in remote)

- · Clinical cases
- Programming interventions to support parenting in at-risk conditions
- Small group exercises

# **Prerequisites**

- Knowledge of attachmen theory
- Knowledge of emotional development basic concepts

# **Teaching methods**

Teaching methods include frontal face-to-face lessons and interactive lessons with joint vision of videotapes of parent-infant interaction and case discussion.

Lessons will be held in presence, unless further COVID-19-related restrictions are imposed.

#### **Assessment methods**

The assessment of students' participation will depend upon the modality of lessons (physical presence or remote connection). The 75% of participation is needed. This will include remote activities and the production of homeworks on the themes treated during the lessons.

# **Textbooks and Reading Materials**

Details about the reading materials will be provided to students on the related e-learning page.