



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Clinical Psychology

2122-3-E3901N033

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#### Learning area

Models of psychopathology

#### Learning objectives

*Knowledge and understanding*

- Knowledge of the main models of psychological functioning

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- Understanding of the terminology related to the different models and the different clinical diagnoses

*Ability to apply knowledge and understanding*

- Develop the basic skills to approach the patient with a mental disorder
- Be able to understand and communicate with other mental health professionals

#### Contents

Theories in clinical psychology

Psychiatric diagnosis

Principles of treatment

## **Detailed program**

Introduction to clinical psychology

Personality

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The clinical interview

The mental state examination

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Depressive and bipolar disorders

Suicidal risk

Anxiety disorders

Obsessive-compulsive spectrum disorders

Psychotraumatology

Eating disorders

Personality disorders

Dementia

Somatic symptom and related disorders

Dissociative disorders

Sexual dysfunctions

Treatments

Psychotherapy

Clinical cases

## **Prerequisites**

Sufficient logic and cultural skills \_\_\_\_\_

## **Teaching methods**

Lessons will be held in person.

## **Assessment methods**

Tests will be in presence.

Multiple choice test (30 questions) and 2 open ended questions. Optional oral examination if the written part is sufficient (18).

Erasmus students will have an oral test in English.

## **Textbooks and Reading Materials**

Supplementary materials (ppt files, articles). Ppt files are mandatory to pass the exam. They will be uploaded online at the beginning of each lesson.

Sanavio E., Cornoldi C., "Psicologia Clinica", Il Mulino, 2017 (terza edizione). Optional.

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