



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Clinical Psychology

2122-3-E3901N033

Learning area

Models of psychopathology

Learning objectives

Knowledge and understanding

- Knowledge of the main models of psychological functioning
- Acquisition of the principles related to the clinical classification of the patient
- Understanding of the terminology related to the different models and the different clinical diagnoses

Ability to apply knowledge and understanding

- Develop the basic skills to approach the patient with a mental disorder
- Be able to understand and communicate with other mental health professionals

Contents

Theories in clinical psychology

Psychiatric diagnosis

Principles of treatment

Detailed program

Introduction to clinical psychology

Personality

Construction of the self

The clinical interview

The mental state examination

Neurodevelopmental disorders

Depressive and bipolar disorders

Suicidal risk

Anxiety disorders

Obsessive-compulsive spectrum disorders

Psychotraumatology

Eating disorders

Personality disorders

Dementia

Somatic symptom and related disorders

Dissociative disorders

Sexual dysfunctions

Treatments

Psychotherapy

Clinical cases

Prerequisites

Sufficient logic and cultural skills and reasonable learning, writing and oral communication skills.

Teaching methods

Lessons will be held in person.

Assessment methods

Tests will be in presence.

Multiple choice test (30 questions) and 2 open ended questions. Optional oral examination if the written part is sufficient (18).

Erasmus students will have an oral test in English.

Textbooks and Reading Materials

Supplementary materials (ppt files, articles). Ppt files are mandatory to pass the exam. They will be uploaded online at the beginning of each lesson.

Sanavio E., Cornoldi C., "Psicologia Clinica", Il Mulino, 2017 (terza edizione). Optional.
