UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

# COURSE SYLLABUS

## Terzi Method in Rehabilitation

**2122-2-I0202D147**

### Aims

Knowledge of a cognitive motor methodology to evaluate, identify and rehabilitate the spatio-temporal deficit characterizing various Neuro-developmental Disorders of interest in the TNPEE

### Contents

Theoretical bases of the Method and correlations with neurosciences. Experiential experiences of the Terzi Method Basic exercises.
Application to the clinic in developmental age

### Detailed program

Theoretical lesson: Introduction to the Method
Practical laboratory and role play:
The spatio-temporal organization of the personal space:
- Rhythm exercises:
One channel rhythms
The two-channel rhythms
- Attitudes
- the Touches
The spatio-temporal organization of the Euclidean metric space:
- the rectilinear translations
- the Rotations
Curvilinear translations
Discussion with the expert: Reflections on lived experiences.

Theoretical lesson: - The theoretical basis of the Method
- Application areas in TNPEE
Video presentation: Application of the Method in a PCI case

## Prerequisites

To be enrolled in the TNPEE CdL

## Teaching form

Frontal lessons, role play, discussion with the expert, presentation of clinical cases

## Textbook and teaching resource

Ida Terzi - “Il Metodo Spazio-temporale. Basi teoriche e guida agli esercizi”

Ghedini Editore

## Semester

Second semester

## Assessment method

Final discussion

## Office hours

By appointment