



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Cities and Quality of Life

2122-2-F8802N012

---

#### Learning objectives

Achieve the necessary skills to define, measure and evaluate the quality of urban life and the most appropriate policies to increase it, both individually, collectively or for specific population groups. Develop abilities for collaboration with other professionals in planning activities.

#### Contents

The course will be articulated in different parts concerning the history of the research on quality of life, the definition of the concept of quality of life and the methodology for studying quality of life, with further details on the quality of life for metropolitan populations: residents and non-residents. A specific and introductory part of the course will concern the role of sociology in planning for improving urban quality of life.

#### Detailed program

##### COURSE INTRODUCTION

###### Part one

Definition of territorial systems  
Cities and urban populations

###### Part two

Sociology and urban planning

Sociology and social participation

Part three

Definition of urban quality of life

Sources and indicators

Research methods on quality of life

Results of Italian and international research

Part four

Design and development of research on quality of life

## **Prerequisites**

General skills in urban sociology

## **Teaching methods**

Lectures, presentations of papers and exercises

## **Assessment methods**

For attending students the results of the exercises, the presentation of readings and the final report will be evaluated.

Non-attending students will take a written test in presence

## **Textbooks and Reading Materials**

Mela A. et al. (2000) *Sociologia e progettazione del territorio*. Roma: Carocci.

Nuvolati G., *La qualità della vita delle città* (on-line).

Nuvolati G. (2007) *Mobilità quotidiana e complessità urbana*. Firenze: FUP.

Nuvolati G., (1999), "La geografia dello sviluppo urbano in Europa. Origini storiche e scenari futuri", in G. Martinotti (a cura di), *Dimensione metropolitana: sviluppo e governo della nuova città*, Bologna: il Mulino, pp. 99-118.

International students. A reading list in English will be provided upon request. An English exam will be allowed as well.

---