UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Project Lab

2122-2-F5106P024

Learning area

Basics of research methods in social and economic psychology

Learning objectives

Knowledge and understanding

- Different project planning approaches

- Project planning phases and useful instruments
- Strengths and weaknesses
- Social and organizational change
- Professional areas where project planning skills are necessary

Implementing knowledge

- Implementation of psychological theories in project planning
- Implementation of methodological skills in project planning
- Application of project planning phases to projects in the area of working and organizational psychology, social psychology, health psychology
- Identification of challenges, resources and critical points in project design and planning in the professional field
- Critical analysis of organizational and social change

Contents

Planning is a step by step process, going from the definition of a goal up to the evaluation of its achievement.

The laboratory will focus on the psychological skills involved in each of these steps and how to apply them in different areas of application (social, health, organizational/work area).

Students will be provided with the practical skills to help them choosing the appropriate approach, managing effectively the operational phases and identifying the strengths and weaknesses of each methodological approach.

The focus is on the connection of theory and practice.

Detailed program

Project design and planning approaches

Professional areas of project design and planning

Project design and planning steps

Psychological knowledge in project design and planning

Project design and planning in professional fields

Prerequisites

Basic knowledge of research methodology.

Knowledge of fundamental psychological theories in social, health, working/organizational and economic area.

Teaching methods

Theory lessons, case studies, working groups on a specific project, professional testimonies.

Lessons will be held in presence, unless further COVID-19 related restrictions are imposed.

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Assessment methods

The participation to at least the 70% of the lessons and a production of a final report in small groups is requested.

Textbooks and Reading Materials

Detailed information about the teaching material will be published on the e-learning page at the laboratory beginning.