



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Clinical Psychology - 1

2122-1-F5104P005-T1

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#### Learning area

Learning area n. 1: Psychological functioning: models and methods for assessment

#### Learning objectives

##### *Knowledge and understanding*

- Broad issues and theoretical orientations in clinical psychology.
- Aspects related to psychiatric and psychodynamic diagnoses
- Introduction to psychological treatment

##### *Applying knowledge and understanding*

- Acquisition of the general principles of clinical assessment and reasoning
- Critical understanding of diagnosis and treatment aspects related to core psychopathological features
- Introduction to clinical practice with particular reference to Personality Disorders

## **Contents**

Aim of the course is to introduce the student to the study of (I) advanced clinical diagnosis and defense mechanisms, (II) personality organization/ personality disorders/ narcissism (III) Affective Disorders, Anxiety Disorders, Addiction Disorders.

In order to do so, the course will provide basic notions on contemporary clinical treatments.

## **Detailed program**

- Diagnosis of mental disorders (DSM-5)
- Defense mechanisms
- Psychodynamic assessment; personality organization and disorders
- Narcissism
- Advanced clinical features of Affective Disorders, Anxiety Disorders, Addiction Disorders, Personality Disorders

## **Prerequisites**

General knowledge of Psychopathology (DSM-5 diagnostic criteria) and Dynamic Psychology (Psychodynamic Diagnosis and basic knowledge). We encourage students lacking such prerequisites to ask for basic references (via e-mail or during classes).

## **Teaching methods**

Lessons will be held in presence unless further COVID-19 related restrictions are imposed.

Supplementary materials - if possible - will be available on the e-learning platform.

## **Assessment methods**

The exam will be a written (multiple choice) and an oral part.

## **Textbooks and Reading Materials**

*Required bibliography:*

1. Lingiardi V., Madeddu F. (2002). I meccanismi di difesa. Milano: Raffaello Cortina Editore. Cap. 1 (paragrafi 1 e 10), cap 3, appendice DMRS.
2. Gabbard G.O. (2015). Psichiatria Psicodinamica. Raffaello Cortina Editore (cap. 8,9,12 (solo parte relativa ai

disturbi da uso di sostanze, pp.343-356),14,15 (pp. 425-442),16 (pp. 477-491),17 (pp. 509-521),18 (pp. 539-551),19

3. Madeddu F. (2020). I mille volti di Narciso. Raffaello Cortina Editore. (cap 1,2,3, 6,11,12)

*Suggested bibliography – for basic references*

Gabbard G.O. (2015). Psichiatria Psicodinamica. Raffaello Cortina Editore (cap. 1,2,3)

Erasmus students can take the exam in English and/or ask for an English bibliography.

*Eventuali altri riferimenti potranno essere dati a lezione/ Any other references may be given in class*

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