UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Clinical Psychology - 1

2122-1-F5104P005-T1

Learning area

Learning area n. 1**: Psychological functioning: models and methods for assessment**

Learning objectives

Knowledge and understanding

· Broad issues and theoretical orientations in clinical psychology.

· Aspects related to psychiatric and psychodynamic diagnoses

· Introduction to psychological treatment

Applying knowledge and understanding

· Acquisition of the general principles of clinical assessment and reasoning

. Critical understanding of diagnosis and treatment aspects related to core psychopathological features

. Introduction to clinical practice with particular reference to Personality Disorders

Contents

Aim of the course is to introduce the student to the study of (I) advanced clinical diagnosis and defense mechanisms, (II) personality organization/ personality disorders/ narcissism (III) Affective Disorders, Anxiety Disorders, Addiction Disorders.

In order to do so, the course will provide basic notions on contemporary clinical treatments.

Detailed program

- Diagnosis of mental disorders (DSM-5)
- Defense mechanisms
- Psychodynamic assessment; personality organization and disorders
- Narcissism
- Advanced clinical features of Affective Disorders, Anxiety Disorders, Addiction Disorders, Personality Disorders

Prerequisites

General knowledge of Psychopathology (DSM-5 diagnostic criteria) and Dynamic Psychology (Psychodynamic Diagnosis and basic knowledge). We encourage students lacking such prerequisites to ask for basic references (via e-mail or during classes).

Teaching methods

Lessons will be held in presence unless further COVID-19 related restrictions are imposed.

Supplementary materials - if possible - will be available on the e-learning platform.

Assessment methods

The exam will be a written (multiple choiche) and an oral part.

Textbooks and Reading Materials

Required bibliography:

1. Lingiardi V., Madeddu F. (2002). I meccanismi di difesa. Milano: Raffaello Cortina Editore. Cap. 1 (paragrafi 1 e 10), cap 3, appendice DMRS.

2. Gabbard G.O. (2015). Psichiatria Psicodinamica. Raffaello Cortina Editore (cap. 8,9,12 (solo parte relativa ai

disturbi da uso di sostanze, pp.343-356),14,15 (pp. 425-442),16 (pp. 477-491),17 (pp. 509-521),18 (pp. 539-551),19

3. Madeddu F. (2020). I mille volti di Narciso. Raffaello Cortina Editore. (cap 1,2,3, 6,11,12)

Suggested bibliography – for basic references

Gabbard G.O. (2015). Psichiatria Psicodinamica. Raffaello Cortina Editore (cap. 1,2,3)

Erasmus students can take the exam in English and/or ask for an English bibliography.

Eventuali altri riferimenti potranno essere dati a lezione/ Any other references may be given in class