



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Laboratorio: la Valutazione del Funzionamento Relazionale

2122-2-F5104P030

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#### Learning area

1: Psychological functioning: models and methods for assessment

#### Learning objectives

##### *Knowledge and understanding*

- The Infant Research intersubjective perspective and the dyadic-systemic model of interaction;
- The Stern's micro-analytic interview as an instrument to explore, in clinical and educational/school areas, relational schemes of "being with" the Other.

##### *Applying knowledge and understanding*

- Experiencing the micro-analytic interview conduction, focusing on the content and the interactive process;
- Analyzing adult's personal experience and highlighting the "dominant theme" or the schemes of "being with" that characterizes the explored moment by the interview.

#### Contents

The laboratory focuses on the assessment of relational schemes of “being with” the Other in clinical and educational/scholastic areas.

The theoretical frame (Infant Research intersubjective perspective and the dyadic-systemic model of interaction) and the origin of Stern’s micro-analytic interview will be presented.

The applications of Infant Research discoveries and of Stern’s micro-analytic perspective in clinical area (parent-child psychotherapy, the study of change process in psychoanalytic therapy) will be illustrated.

The adaptation of Stern’s micro-analytic interview for educational/scholastic area will be introduced as a method to highlight interactive difficulties and to assess the relational functioning.

Peculiarities and difficulties of assessment in clinical and educational/scholastic areas will be discussed.

## **Detailed program**

- The Infant Research intersubjective perspective;
- The dyadic-systemic model of interaction;
- The origin of Stern’s micro-analytic interview (breakfast interview) as a method to explore personal experience and individual’s representational world;
- The application of Stern’s micro-analytic interview in clinical area and with pregnant women as a method to probe parental experience during critical interactive moment of parent-infant relationship;
- The role of “present moment” in the clinical setting and the importance of a micro-analytic perspective to study the change process in psychotherapy;
- The adaptation of Stern’s micro-analytic interview for educational/scholastic area as a procedure to focus on the critical moments of adults’ interactive experience within educational practices.
- The application of micro-analytic interview within a research-formation project for kindergarten’s teachers and nursery’s operators.

## **Prerequisites**

Basics of developmental psychodynamic and clinical psychology. They will be verified at the beginning of the laboratory and could be increased with bibliographical indications.

## **Teaching methods**

Students are operationally introduced to the administering of micro-analytic interview for exploration of relational

styles both through the analysis and discussion of illustrative transcripts and by role-playing in the classroom.

Vision of films, listening to interviews and work in small groups are also used. Students are invited to administer the interview on your own; the interviews could be observed by the teacher.

If necessary, methods could be adapted to personal needs of students (es. workers, strangers, mothers of infants...).

*Lessons will be held in presence, unless further COVID-19 related restrictions are imposed.*

## **Assessment methods**

Students are required to present 2 reports about their administering of micro-analytic interviews (transcript and analysis). Reports will be discussed with the teacher, either individually or in group. Students will also analyze a micro-analytic interview on your own.

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The precision of administering of interviews and attention in assessment of internal and interactive processes will be considered.

## **Textbooks and Reading Materials**

Consigliati per approfondire:

Stern, D, N. (2004). Il momento presente. In psicoterapia e nella vita quotidiana. Raffaello Cortina, Milano.

Carli, L., & Pintarelli, M. (2005). Adattamento e uso dell'intervista microanalitica di Stern per l'analisi delle interazioni nel corso delle pratiche educative. In M. Vigorelli (Ed.), Il lavoro della Cura nelle Istituzioni (pp. 220-223). Franco Angeli, Milano.

Beebe, B. & Lachmann, F. (2002) Infant research e trattamento degli adulti. Il modello sistemico-diadico dell'interazione. Raffaello Cortina, Milano.

Stern, D, N. (1999). La costellazione materna. Il trattamento psicoterapeutico della coppia madre-bambino (cap. 1, 2, 3, 4, 7, 12). Bollati Boringhieri, Torino.

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