UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Residential Interventions in Therapeutic Communities

2122-2-F5104P032

Learning area

2: Methods and tecniques for treatment and rehabilitation

Learning objectives

The workshop aims to introduce to the students an understanding of therapeutic and rehabilitation potentials of residential therapeutic community, starting from its international origins up to the current italian experience through a nationwide network that has been established since the Law 104 reform.

Applying knowledge and understanding

- Capacity for participating observation in visiting some TCs of excellence.
- Capacity for discussing clinical cases of TC residents.
- Designing and planning individualized rehabilitation therapeutic projects with the indication for residential TC treatment
- Capacity for group work

Contents

Clinical and organizational characteristics of Therapeutic Communities, public and private, for psychotic, borderline, double-diagnosis patients, criminals, adolescents and children.

Detailed program

- Presentation of specific and non-specific factors characterizing the TC compared to other treatments; treatment indications and multidisciplinary team composition; differentiated treatment programmes on the basis of the type of residents (psychotic, borderline, double-diagnosis patients, etc.) and their developmental point (children and adolescents).

-Participation, in small groups, in an experience of direct observation of a TC “typical day”, team meeting and rehabilitation activities in some available TC. Observation reports, made on the basis on an assessment grid, will be presented and discussed in a group setting.

-Role playing of a community meeting with various roles (different professionals and residents) to discuss both clinical and organizational issues.

Prerequisites

Having attended Clinical Psychology course and having learned basic elements in psychopathology.

Teaching methods

Lessons will be held in presence unless further COVID-19 related restrictions are imposed.

Interactive, experiential (visiting experience), videos and films.

Assessment methods

Written reports about visiting experiences, treatment rehabilitation, Treatment Plan in a Therapeutic Community, active participation in class discussions.

During the Covid-19 emergency, exams will be conducted according to the University’s regulations regarding the COVID-19 emergency situation.

Textbooks and Reading Materials

Ferruta A. Foresti G. Vigorelli (2012)(a cura di) *Le comunità terapeutiche. Psicotici, borderline, adolescenti e minori,* Milano, Cortina.

Vigorelli M., "Towards an italian model of therapeutic Community", *European Journal of Psychotherapy&Counselling*, Taylor&Francis, London, 1, 2014, p. 64-76

Bencivenga C. Uselli A. *Adolescenti e Comunità terapeutiche (*2016), Alpes, Roma.

Van Binsbergen M.H., Keune L.H., Gerrits J., Wiertsema H.L., (2007) *Organizzare la psichiatria forense. La comunità terapeutica per autori di reato*, Ananke, Il Porto, Torino, 2016.

Mingarelli L. Tonazzo D. (2018) I ruoli in comunità terapeutica per adolescenti. Organizzazione di vita e di cura, Ananke, Torino.

Vigorelli M. The Movement of Therapeutic Communities in Italy: Myth & Reality *in* Clàudio Eizirik and Giovanni Foresti (Editors) (2019) *Psychoanalysis & Psychiatry. Partners and Competitors on the Mental Health Field,* Routledge Taylor&Francis, London and New York.

Siti: www.terapia di comunità.org

www.mitoerealta.org