

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **SYLLABUS DEL CORSO**

# Laboratorio:stesura della Relazione Clinico-diagnostica

2122-2-F5104P035

# Learning area

1: Models and Techniques of psychological functioning assessment

# Learning objectives

Knowledge and understanding

- From the first meeting to the assessment
- Use of diagnostic instruments and of bio-psycho-social data
- Psychodiagnostic taxonomies
- · Application of the various psychological instruments

Applying knowledge and understanding

- · Become familiar with psychological testing
- · Allow a first contact to clinical reasoning
- Focus attention on fundamental elements in order to make strategical clinical choices

#### **Contents**

In the course we will deal with assessment, its characteristics, defining elements, and how it is made. We will focus on clinical reasoning in order to better understand how to choose the right instrument and to understand how those data can then be transmitted in a written form.

#### **Detailed program**

- · From first meetings to assessment
- Psychological assessment: how, why, when
- Psychological assessment as a process in time
- · What instruments are available for the psychologist
- Clinical reasoning as a guidance in choosing instruments
- Data transmission in a written form

#### **Prerequisites**

Knowledge about different types of first meeting with a client, fundamental psychological classifications, role of the psychological assessment.

### **Teaching methods**

Parts of clinical reports will be presented, analyzed and discussed in group. Psychological questionnaire will be administered in order to allow students to get familiar with them; students will also be asked to write a clinical report following some guidelines given during the course.

Lessons will be held in presence, unless further COVID-19 related restrictions are imposed.

#### **Assessment methods**

75% of the total number of hours is required.

The student participation will be evaluated through the production of a clinical report based on material and guidelines given during the lessons.

#### **Textbooks and Reading Materials**

Detailed informations on textbooks and reading materials will be available on course's e-learning page.