

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## **COURSE SYLLABUS**

# **Sustaining Psychological Skills in Children**

2122-2-F5104P041

#### Learning area

2: Methods and tecniques for treatment and rehabilitation

#### Learning objectives

Knowledge and understanding

- Understand the work of the psychologist in the school environment through educational interventions with the school.
- Understand the type of intervention that can be proposed.
- Teach the basics to intervene early on school difficulties.

Applying knowledge and understanding

- Ability to transfer complex and theoretical contents into practical knowledge.
- Ability to understand which intervention is more effective than another.

#### **Contents**

Through this laboratory we will try to illustrate the diagnosis in developmental age taking into account the organic and emotional-relational aspects. In fact, through a brief comparison between the three diagnostic manuals (DMSV / 0-3 / ICD 10) and their differences we will try to understand the different diagnoses in the field of scholastic difficulties. It will be understood what the differences are and a brief overview of the school and what the ministry of education will provide.

| Later we will understand what the role of the psychologist is and what it means to empower. |  |
|---|--|
|   |  |

#### **Detailed program**

- From theory to clinical
- The psychologist at school
- DSA and BES
- Enabling, rehabilitation ... what difference?
- Compensatory tools for the study for DSA and BES
- When there is no diagnosis: emotional disorders and tasks

#### **Prerequisites**

Good knowledge of developmental psychology, diagnostic manuals such as DSM-V and ICD-10.

#### **Teaching methods**

Frontal lecture and use of clinical cases through paper material.

#### **Assessment methods**

Presentation of elaborate written (group) on some topics provided by the teacher. Interview and final discussion with the teacher.

### **Textbooks and Reading Materials**

Verranno forniti dal docente articoli, capitoli di libri e caricati sulla pagina del corso.