



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Laboratorio: interviste Cliniche per la Diagnosi di Personalità Patologica

2122-2-F5104P031

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#### Learning area

Models and techniques for the assessment of psychological functioning

#### Learning objectives

##### *Knowledge and understanding*

- Personality Disorders according to the Diagnostic and Statistical Manual of Mental Disorders (DSM).
- Personality pathology according to Otto Kernberg's theory of Structural Diagnosis.

##### *Applying knowledge and understanding*

- Administering and scoring the Structured Clinical Interview-5-DP (SCID-5-DP)
- Administering and scoring the Structured Interview of Personality Organization (STIPO-R)

#### Contents

The conceptualization of personality pathology will be discussed according to both the psychiatric approach (DSM-5) and Otto Kernberg's psychodynamic theory. Basic techniques for the administration of diagnostic tools to assess these aspects will also be presented.

## **Detailed program**

- Definitions of personality pathology
- Personality disorders in the DSM-5
- Assessment of personality disorders through the SCID-5-DP: administration and scoring
- Otto Kernberg's model of personality pathology
- Assessment of personality organization through the STIPO-R: administration and scoring

## **Prerequisites**

General knowledge related to:

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- General descriptive features of personality disorders (DSM-5)

## **Teaching methods**

- Presentation of the theoretical models
- Presentation and discussion of clinical material
- Role playing
- Scoring of the presented assessment tools

Teaching activities will be delivered in presence, unless otherwise specified at the national and/or University level, due to prolonged COVID-19 emergency.

## **Assessment methods**

Students will be asked to produce a written composition in which they analyze a clinical case presented during the lessons (psychodiagnostic report).

## **Textbooks and Reading Materials**

### To read:

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Morey, L. C., Benson, K. T., Busch, A. J., & Skodol, A. E. (2015). Personality disorders in DSM-5: Emerging research on the alternative model. *Current Psychiatry Reports*, 17(4), 24.

### Recommended:

American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders (5th ed.)*. Arlington, VA: American Psychiatric Publishing. Edizione italiana: *Manuale diagnostico e statistico dei disturbi mentali (5° ed.)*. Milano: Raffaello Cortina, 2014.

Madeddu, F., Preti, E. (2012). *La diagnosi strutturale di personalità secondo il modello di Kernberg*. Milano: Raffaello Cortina.

Kernberg, O. F. (2018). I disturbi di personalità nel DSM-5: Panoramica generale e criticità. In Madeddu, F. (a cura di), *Erotismo e Aggressività nei disturbi gravi di personalità* (pp. 33-44). Milano: Raffaello Cortina, 2019.

Kernberg, O. F. (2016). What is personality? *Journal of Personality Disorders*, 30(2), 145-156. Tr. It. In Madeddu, F. (a cura di), *Erotismo e Aggressività nei disturbi gravi di personalità* (pp. 15-32). Milano: Raffaello Cortina, 2019.

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