



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Popolazione, Disuguaglianze e Benessere

2122-1-F8203B038

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#### Learning objectives

This course aims to provide the theoretical framework and the tools needed to understand the inequalities and the well-being of individuals in the field of health and lifestyles.

#### *Knowledge and understanding*

This course will provide knowledge and understanding in relation to:

- the inequalities in health;
- the evaluation of individual well-being.

#### Ability to apply knowledge and understanding

At the end of the course the students will be able to:

- measuring the socio-demographic differentials in health and mortality;
- explaining the relations between context factors and well-being.

The class allows the student to acquire solid grounds in the application of statistics to the biostatistic and demographic working contexts.

## Contents

- The transitions: epidemiologic and demographic (1st and 2nd)
- Inequalities in health
- Measurement of mortality
- Well-being, quality of life
- Happy life expectancy

## Detailed program

The transitions: epidemiologic and demographic (1st and 2nd):

- epidemiologic transition;
- evolution of death causes;
- population ageing;

Inequalities in health:

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- fragility, disability and chronicity;
- mortality and disability;
- measuring good health.

Mortality measures:

- sex and age differentials;
- social differentials.

Well-being and quality of life:

- theories and measurements;
- happy life expectancy.

## **Prerequisites**

None

## **Teaching methods**

During the classes, methods are explained from the theoretical point of view. Some laboratories complete the course: students will be asked to apply the methods to produce original structured work.

\*\*\* In the Covid-19 emergency period, lessons may take place remotely synchronously with possible asynchronous registrations \*\*\*

## **Assessment methods**

Attendant: oral examination. The exam consists in evaluating the student's knowledge and comprehension of the subjects presented during the class and in discussing the student's reports on the practical works assigned during the class (intermediate examinations). The object is to evaluate the student's theoretical knowledge and his ability to apply the methods to practical research themes.

Not attendant: oral examination. The exam consists in evaluating the student's knowledge and comprehension of the subjects presented during the class, also by discussing practical research problems. The object is to evaluate the student's theoretical knowledge and his ability to apply the methods to practical research themes.

\*\*\* In the Covid-19 emergency period the exams may take place via WEBEX\*\*\*

## **Textbooks and Reading Materials**

- Eyal, N., Hurst, S. A., Norheim, O. F., & Wikler, D. (Eds.). 2013. Inequalities in health: concepts, measures, and ethics. Oxford University Press.
- Lutz, W. (2017). Studying the Demography of Sustainable Human Wellbeing: Empowered Life Years (ELY) as Sustainability Criterion.
- Micheli G.A. 2011. Demografie. McGraw-Hill (Cap. 1,3,4 e 8-Lez. 8.3)
- Pinnelli A., Racioppi F., Rettaroli R. 2003. Genere e demografia. Il Mulino (Parte Quinta: Genere e sopravvivenza)
- Siegel, J. S. 2011. The demography and epidemiology of human health and aging. Springer Science & Business Media (selected chapters).

Lecture notes by the teacher.

## **Semester**

2nd semester, approximately in the period March 1st - April 15th

## **Teaching language**

Italian

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